

The Colorado Granger

OFFICIAL PUBLICATION OF THE COLORADO STATE GRANGE

WWW.COLORADOGRANGE.ORG

THE COLORADO GRANGER, SEPTEMBER-OCTOBER 2018

VOLUME 94, NUMBER 3



Cindy and Harry Greer with Ed Opperman draped in his Quilt of Valor.

Colorado State Grange Raffle

by Cindy Greer, Raffle Manager

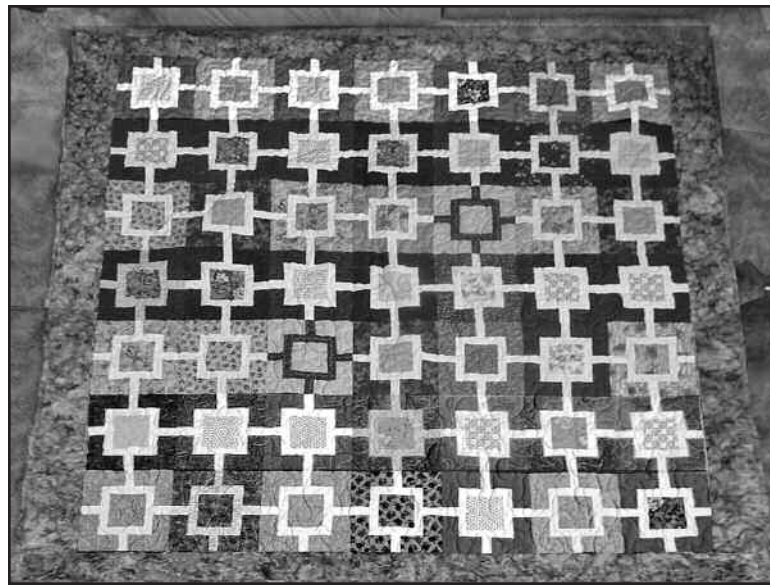
Raffle tickets have been sent out to all Granges, either to the Master or to the Secretary. This year we are raffling off a Garden Path quilt which Karen Baxter has once again put together from blocks donated by Grange members. Karen has also quilted this beautiful quilt. The second prize is goat meat. La Plata Pomona Grange purchased a 4-H Goat which has been butchered, processed and frozen. We want to thank both Karen and La Plata Pomona Grange for their generosity.

The tickets are again \$2 each or six for \$10. The proceeds will be used to help individual Grangers participate in Grange events and activities, training and community service projects.

The prizes will be drawn for at the Annual Banquet at the Colorado State Grange convention September 29 which will be held at the Masonic Lodge at 421 Turner Drive in Durango at 7:15 p.m.

The sold ticket stubs and money need to be in my hands on or before September 25. I will be at the State Convention beginning on Sept. 26, therefore if you plan to mail the ticket stubs back please make sure you mail them so that they arrive before Sept. 25. If delivering them please make sure they are in my hands before the drawing on Sept. 29. Checks should be made out to Colorado State Grange Raffle.

I have lots of tickets, so if you'd like to have more please let me know.



First prize in this year's raffle is this beautiful Garden Path quilt.

Make Plans Now To Attend! State Session • Sept. 27-29, 2018

The State Grange Convention will be at the Masonic Lodge in Durango. All meetings will be at the Masonic Lodge, 421 Turner Dr., Durango, CO; 970-259-5416.

See more information about State Session throughout this *Granger*.

Important Dates

Call individual Granges for more information.

- September 8** Craft Show and Flea Market, Florissant Grange, 9 a.m.-3 p.m.
- September 12** Garden Harvest Potluck, Enterprise Grange, 6:30 p.m.
- September 14** Line Dancing Lessons, Golden Gate Grange, 7-9 p.m.
- September 15** Lima Street Band Dinner Concert, Florissant Grange, 4-8 p.m.
- September 15** Annual Pig Roast, Mt. Lookout Grange, 3-7 p.m.
- September 22** Auxiliary Pig Roast for GGFPD, Golden Gate Grange, 5-8 p.m.
- October 6** Benton Memorial and Dinner, Marvel Grange, 1 p.m.
- October 7** Annual Chili Dinner, Enterprise Grange, 7 p.m.
- October 8** Community Supper, Mt. Lookout Grange, 6 p.m.
- October 10** Potluck, Enterprise Grange, 6:30 p.m.
- October 12** Line Dancing Lessons, Golden Gate Grange, 7-9 p.m.
- October 13** Pine Needle Basket Class, Florissant Grange, 9 a.m.-12 p.m.
- October 27** Halloween Party, Florissant Grange, 1-3 p.m.
- October 27** Family Halloween Party, Golden Gate Grange, 6-8
- November 10** Holiday Craft Fair, Golden Gate Grange, 9 a.m.-4 p.m.
- November 14** Thanksgiving Potluck, Enterprise Grange, 6:30 p.m.

Quilts Of Valor Awarded To Colorado Grangers

by Renee Caldwell

The National Grange has partnered with The Quilts of Valor Foundation. Two Granges within Colorado have quilters who have contributed quilts that have been awarded or will be awarded to Grangers who are veterans in our Granges and communities.

The Florissant Grange Quilters joined the partnership between the National Grange and the Quilts of Valor organization. We have a group of six quilters and two longarm quilters who are currently working on quilts for the many veterans in our community. On the Western Slope is another quilter who has made two quilts that have been awarded.

The mission of the Quilts of Valor Foundation is to cover service members and veterans touched by war with comforting and healing Quilts of Valor. The official Quilt of Valor website reports that as of the date of this article, 194,078 quilts have been awarded nationwide, 1,032 quilts have been awarded this month and 447 quilts have been awarded this week.

The Florissant Grange Quilt of Valor Group and the Mt. Allison quilters are helping to cover more veterans in our communities.

Quilters... why not join us? This is a great service and our Granges can help cover more veterans in our communities.



Jeanette and Ed Zupancic with their Quilt of Valor.

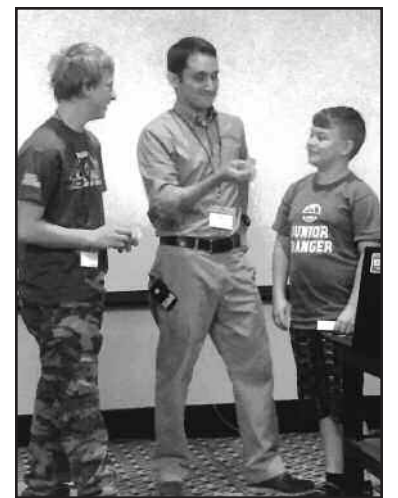
Six Colorado Grangers Attend 2018 Great Plains Leadership Conference

Six Colorado Grangers attended the Great Plains Leadership Conference. This number included two Junior members and one who only participated in the meals. There were approximately 80 Grange members from Nebraska, Kansas, Oklahoma, Colorado, Texas, New York, Illinois, Washington, and Pennsylvania, attending. National Master Betsy Huber; Charlene Espenshade, National Youth Development Director; and her Youth team were in attendance.

Nebraska State Grange hosted the conference in Grand Island, Neb. Workshops were on *OUCH Training and Handing the Leadership Baton to the Next Generation*. Everyone participated in the Community Service project which was making gift bags for the Veterans Hospital. We decorated bags and then filled them with items that the people could use during their hospital stay. The Juniors wrote letters to the veterans and visited the Stuhr Museum of the Prairie Pioneer. Youth had Escape Room challenges and public speaking and sign a song contests. We enjoyed the hospitality room and ice cream from the University of Nebraska. The kids

had time to play pool, putt-putt golf, and swim. We also learned about the Missing Soldier Table.

On Sunday morning a worship service was held. On a sadder note Lila Tooker was found unresponsive in her room later that morning. Lila passed away. She was a good resource and helped obtain the workshops for this conference. She will be greatly missed.



Billy Greer on left participating in workshop in Nebraska.



2018 Great Plains Leadership Conference Group in Nebraska.

"Tip Your Hat to Grangers Gala"
Join us at the Outrageous Cowboy Hat Gala.

Wear your most outrageous Cowboy Hat and win a Kings Soopers/City Market gift certificate to be awarded at the Gala.



We will have fiddle music and light snacks will be served.



Master's Message

Cindy Greer, State Master
 7629 CR 100, Hesperus, CO 81316
 970-588-3386 • Email: hcrdgreer@frontier.net



What Makes A Grange A Grange?

We may be known as an agriculture organization but we're more than people interested in one aspect of Agriculture. That's why the Grange is not a specific group, like Cattlemen's or Corn Growers.

We're rural and urban residents. We're a fraternal organization, but what does that mean? To me it means that we are an organization of people that have common interests or beliefs and that we care for each other. This doesn't mean that we always agree with each other. I think our diversity is one of the things that make a Grange a Grange.

Our traditions in the way we open our meetings and conduct our business distinguish us from other organizations, and that makes us a Grange.

What are our common interests? Family, Food, Fun, Community Improvement, Self-improvement, just to name a few.

What is the mission of the Grange?

The Grange has been a leader in the fight to bring prosperity and opportunity to farmers and rural Americans. The Grange ritual (degree work) teaches lessons in truth and beauty. I believe that many object to the ritual because it teaches truth. Our ritual states the following:

"We shall endeavor to advance our cause by striving to accomplish the following objectives:

- To develop a better and higher manhood and womanhood among ourselves; to enhance the comforts and attractions of our homes; to strengthen our attachments to our pursuits; to foster mutual understanding and cooperation; to maintain inviolate our laws, and to emulate each other in labor, in order to hasten the good time coming.
- We propose meeting together, talking together, working together, and in general, acting together for our mutual protection and advancement. We shall constantly strive to secure harmony, good will, and brotherhood, and to make our Order perpetual. We shall earnestly endeavor to suppress personal, local, sectional, and national prejudices, all unhealthy rivalry and all selfish ambition. Faithful adherence to these principles will insure our mental, moral, social and material advancement."

So as your Grange begins making plans for the 2018-2019 Grange year the question to ask yourselves is **Do the programs and activities promote/support the mission?**

Leadership is...

About one life influencing another. It's not about titles, or positions. Holding the position of Master puts you in a leadership position, but it doesn't make you a leader, that's up to you and what you do.

It's investing in people. It's helping people. If you've ever helped another person then you were using leadership skills.

Motels Near Site Of State Session — The Masonic Lodge In Durango

Since there are at least 195 hotels/motels in Durango, we have chosen again not to make arrangements for a block of rooms at one hotel/motel. This way you can choose the hotel/motel that fits your budget. So here are some of the choices that are close in proximity or more economical.

- Super 8** — 20 Stewart Street, Durango, CO 81301; 800-526-9326. \$\$\$
- Comfort Inn** — 455 South Camino Del Rio, Durango, CO 81303; 970-259-7900. \$\$\$
- Homewood Suites (Hilton)** — 15 Girard Street, Durango, CO 81303; 970-259-2996. \$\$\$
- La Quinta** — 125 Mercury Village Dr., Durango, CO 81303; 970-259-8400. \$\$\$
- Durango Downtown Inn** — 800 Camino Del Rio, Durango, CO 81301; 970-247-5393. \$\$\$
- Mid-Town Area:**
- Motel Durango (Formerly Days End)** — 2202 Main Avenue, Durango,

- Colorado 81301; 970-259-3311. \$\$
- Adobe Inn** — 2178 Main Ave., Durango CO 81301; 970-247-9615. \$\$
- Econo Lodge Inn & Suites (Choice Hotels)** — 2002 Main Avenue, Durango, CO; 623-432-0772.
- Directions To Masonic Lodge From the North** — Take 285 South or I-25 South to 160 West to Sawyer Drive in Durango.
At Sawyer Drive, turn left onto Sawyer Drive from 160W. Sawyer Drive is the stoplight at the Durango Mall (Bed, Bath and Beyond, Ross, Sears, J.C. Penney)
Continue on Sawyer Dr. to Turner Drive (you'll turn right onto Turner Drive).
- Turn left into parking lot at 421 Turner Drive.
- Directions From Durango** — From 160 turn right onto Sawyer Drive, then right at Turner Drive and left into parking lot of 421 Turner Drive.

Visit the Colorado State Grange website www.coloradogranger.org

Please notify the State Grange Office of any address change.

Because it is 2nd class mail, the Grange is charged **59¢ per address change** the post office sends from the *Granger* mailings.

Email: costategrange@gmail.com
 Call 719-748-5008 or mail the form below.

Notes From The Secretary

Renee Caldwell, State Secretary
 2009 CR 31, Florissant, CO 80816
 719-748-5008
 Email: costategrange@gmail.com



A Positive Point Of View

One minute summer is beginning and the next it is winding down. I personally hope for a long Indian Summer because I love the fall as much as I love summer.

I have not received all your Meal Reservations or your Delegate forms ... Please get those to me right away. There is a lot of prep work that goes into the planning of State Session, and YOU can make it easier by getting your forms filled out and sent in quickly. AND... please send in any Resolutions your Grange has completed so that they can be typed and ready for State Session.

As stated in the last *Granger*, State Session is being held in Durango at the Masonic Lodge this year. Please check the hotel information at left below. Each person attending needs to make

their own hotel reservations. Also in this *Granger* is the Meal Reservation Form on page 8 (mailed to Secretaries, Directors and Officers). Be sure to fill yours out and send it with your check to the State Office, and don't forget to fill out your Delegate forms and committee choices and your Officers and Chairman reports. Getting those in on time really helps things run smoothly.

Here is a reminder to take a look at the State Session Schedule on the back page of this *Granger* as well, and don't forget to let your Grangers know about entering all the great contests we have at State Session.

Join us at State Session for a great time.

Every day may not be a good day, but there is something good in every day.

Grange Insurance Association Announces Scholarship Program For School Year 2019-2020

Grange Insurance Association (GIA) Chairman of the Board, D. Thomas McKern, is pleased to announce that GIA will again fund 25 scholarships for the 2019-2020 school year, totaling \$33,500. In addition, GIA is honored to award the \$1,000 Paul and Ethel Holter Memorial Scholarship, funded by a gift of Mrs. Holter's estate, and the \$1,000 Dee and Ina McKern Memorial Scholarship, funded by a gift from the McKern family.

Applicants may apply for either an academic or a vocational scholarship. Three of the awards will be for students wishing to pursue vocational studies and 22 awards will be for academic studies. The top winner in each category will receive a \$2,500 award and the remaining winners will receive \$1,000-\$2,000 each.

Eligibility requirements (applicants must meet one of the following):

1. Current GIA policyholder (or children of GIA policyholder)
2. Children of current GIA company employees
3. A previous recipient of a GIA scholarship

Please note that children or legal wards of officers, directors or agents of GIA are ineligible.

These scholarships may be used at any institution offering courses leading to a certificate or a degree in a recognized profession or vocation, including: community colleges, business colleges and technical institutes. Vocational scholarships are aimed specifically for those students not pursuing a college diploma, but seeking further education and/or training in a vocation often not covered by more traditional colleges or universities.

The committee will base its awards on the following:

- Complete and legible application
- Scholastic ability (official grade transcript required)
- Handwritten or typed **Essay** by Applicant
 - Please tell us about yourself, your family and your future goals
 - Also include any leadership or volunteer-related programs or projects in which you have been

involved in high school, in the community, or elsewhere

- What college, university, or trade school do you plan to attend and how will this scholarship assist you

Application deadline is March 1, 2019 (Postmarked). Funds awarded are for the 2019-2020 school year.

Please complete the request form below for an application for a Grange Insurance Association Scholarship.

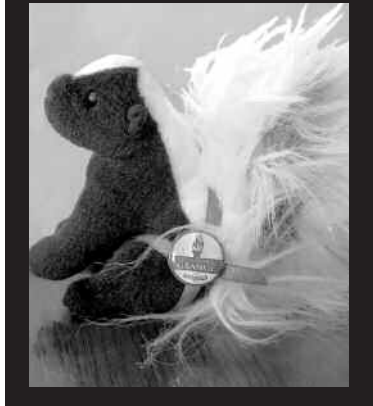
APPLICATION FORMS CAN ALSO BE DOWNLOADED AT OUR WEBSITE: www.grange.com.

Meet A Colorado State Grange Leadership And Scholarship Foundation Student

My name is Molly Cooksey and I am attending Colorado State University and majoring in Animal Science along with a minor in Food Safety and Science. My plan after graduation is to get into the food safety and science field by promoting beef as a healthy food option. Since I have been at CSU I have gotten involved in the Animal Science Stewards and Gamma Beta Phi Honor Society. Outside of CSU I am the Colorado Junior Angus Association President, the Colorado Angus Queen, and I am involved with the Rocky Mountain Junior Shorthorn Association and the Kiowa Creek Community Church. This scholarship will greatly assist me in paying for tuition and living expenses while going to school in Fort Collins. Thank you very much! Your support is appreciated.

Molly Cooksey
 This student is one example of the future leadership that your donations are helping. Please remember the Colorado State Grange Leadership and Scholarship Foundation if you would like to remember a past Grange member.

Claudia's Corner



by Claudia the Skunk from the National Grange Herd

Some people don't like the ritual of the Grange, it's a fact. But the Ritual is our way of teaching others about agriculture in a symbolic form. If one listens closely during the degrees you can learn about truth and beauty.

If it's been some time since you've seen or taken the first four degrees (or perhaps have never had the opportunity) I suggest you contact your Subordinate Master/President for a manual and read through the degrees. Be sure to look for the lessons of truth and beauty.

The State Grange Convention is an opportunity for those members who have not taken the Fifth or Sixth Degree to do so. One must have the taken the Fifth Degree before taking the Sixth Degree. We will not be giving the Fifth Degree in full form at State Session, but will be doing a shortened, modified version, which qualifies as having taken the Fifth Degree (it's all about perseverance).

The Sixth Degree will be given in full form. We encourage all subordinate members to come to State Session to take the Fifth and Sixth Degrees on Thursday evening following the memorial service conducted by the State Chaplain.

The Sixth Degree is the degree of Flora (Flower), so from a female perspective it is a very pretty degree. The degree even reviews the lessons taught in the first five degrees of the Grange. We hope to see you there.

Deadline for the November-December 2018 issue of *The Colorado Granger* is **October 15, 2018.**

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 Flora..... J. Kelly

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Please send a GIA Scholarship Application to:

Name: _____
 Address: _____

Mail your request to: GRANGE INSURANCE ASSOCIATION
 Attn: Scholarship Coordinator, P.O. Box 21089, Seattle, WA 98111-3089

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 ZIP CODE _____
 (GIVE ROUTE AND BOX NUMBER)

Send to: Colorado State Grange
 2009 CR 31, Florissant, CO 80816



Lecturer's Creative And Performing Arts

Kathy Wardle, State Director
1136 Bluebell Way, Brighton, CO 80601-6783
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Email: artlw@gmail.com

The Grange in the 21st Century will be a preeminent organization. It will commit to the development of the potential in families, youth and adults of all ages through dynamic programs and experiences that educate, engage and enrich lives.

That, fellow lecturers, is the Mission Statement of the National Grange. To me, it is a direct mandate to program planners in our organization, mainly the lecturer and lecturer committees, to commit to the purpose of developing potential in families, youth and adults of all ages. What a noble purpose for an organization and a purpose that all members and all individuals should accept and embrace.

Please note that this mission is not isolated to members of our club, but hints that we should help develop the potential of individuals and families within our influence area, namely our neighborhood. Building community and benefiting community individuals gives grangers a strong purpose.

Research shows that humans often need a strong sense of purpose and direction in their endeavors. Here is such a strong purpose, perhaps, a reason why many Grangers maintain dig-

nity and strength well into their golden years. They belong to an organization that provides them with a strong purpose and direction for their existence.

Research also shows that losing that purpose and directions, can cause strong organizations to dissolve into social clubs.

The Mission Statement goes on to further challenge lecturers and program planners in the Subordinate Grange. It states that dynamic programs should be planned and held. It states that experiences that educate our members and influence area should be presented. It also implies that these programs and experiences should engage individuals and enrich lives.

As the new Grange year is upon us, I hope that all Colorado Subordinate Granges will reassert the Mission of our organization, the core reason why we have been a viable organization for over 150 years. I would encourage you to focus your programming on this purpose. We will benefit as humans as we focus our endeavors on this worthy purpose, and will aid our neighbors and friends.

Publicity

Elizabeth Hiner, State Director and National Communications Fellow
970-403-4592
Email: Floridagrange306@yahoo.com



Quotation: "A sense of humor is part of the art of leadership, of getting along with people, of getting things done." — Dwight D. Eisenhower

Quiz: 1. What is the State Animal? 2. What is the State Fish? 3. What is the State Fossil?

Publicity 3: Another way to keep the Grange in the public eye is word of mouth; you would think this would be an easy one, but how do you even bring up the subject. I found when I talk about what I am doing for the National Grange as a communications fellow or when I talk about the articles I am writing for the *Good Day* magazine, I can introduce the Grange into the conversation.

Cindy Greer also had an innovative idea; she made business cards with the Grange information on one side and their event on the other, example: Ice Cream Social. She gave these out to everyone she met. I like this idea and am running with it for the Florida Grange's events.

Another idea is to have a booth at

your local county fair. If you have a Pomona Grange do it through them as you can all work together at the fair and/or craft show. Without a working Pomona, you can try teaming up with the Granges in your area.

Another way is to stay in communication with the State Grange as each Grange may have an approach that might work for someone else's Grange or they may have one that works for you. We need to work together to help all our state Granges grow into the future. Please feel free to send me your ideas on publicity or contact me at any time for assistance.

Quiz Answers: 1. Bighorn Sheep; 2. Greenback Cutthroat Trout; 3. Stegosaurus.



P.I.C.K.

People Improving Communities And Kids

Cindy Greer, Secretary/Treasurer
7629 CR 100, Hesperus, CO 81316
970-588-3386 • Fax 970-588-3871
Email: hcrdgreer@frontier.net

Our Annual Meeting will be held on Friday evening after the Gala at approximately 8:30 p.m.

Agenda will include review of annual report, review of proposed budget, discussion of potential projects.

We will be having a Silent Auction at State Session. Teresa Montejano and Dawn Jockman will again be coordinating the silent auction. The proceeds from the silent auction are divided between the six areas we focus on. Donations are appreciated.

Granges who have upcoming events can partner with PICK when seeking door prizes for events. You do

need to contact the secretary of PICK to get the information needed.

If your Grange is thinking about capital improvement projects and you want to apply and need a 501c3, PICK can try to apply in partnership with you. When searching for a possible funder remember to read who they will support and who they will not support. Sometimes even though they say they don't support fraternal organizations, they might support you if you are in partnership with PICK, but that means the proposal needs to be written from the PICK perspective and not the subordinate Grange perspective.



Family & Women's Activities

Idella Lewis and Karen Baxter, State Activities Co-Directors
Idella Lewis, 303-274-9390
Email: idellamlewis@gmail.com
Karen Baxter, 14857 CR 240, Bayfield, CO 81122
970-259-1595



It is that time of year when we are harvesting our garden crops. This has been a huge apple year. Every tree is loaded with fruit! As always, there is plenty of zucchini to go around. What to do with all this harvest? There are many things to do with an abundance of an apple and zucchini crop. These are several recipes you might want to try that are a bit more of a healthy alternative snack than regular chips or fries.

Apple Cinnamon Chips
2 apples, cored and thinly sliced

crosswise into circles.

Toss with 2 t. sugar (or less) and 1/2 t. cinnamon.

Place on cooling rack over a baking sheet so apples do not overlap. Place in food dehydrator or in a 200 degree oven and bake, flipping half-way through until apples are dry and edges curl up — 45 minutes-1 hour.

Zucchini Chips

3 small zucchini
2 T. vegetable oil
1/2 C. Italian seasoned bread

crumbs (or use bread crumbs seasoned with 1 t. Italian seasoning)

2 T. grated Parmesan cheese
2 t. fresh oregano
(or 1 t. dried oregano)

Preheat oven to 250 degrees. Place zucchini in a bowl and drizzle with oil. Add bread crumbs, toss. Spread coated zucchini onto a baking sheet. Sprinkle Parmesan cheese and oregano over coated zucchini. Bake until zucchini are tender and cheese is browned — 15 minutes.

Enjoy!

Health Awareness

Louetta Phelps, State Director
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970-749-1747
Email: Louettaphelps@aol.com



The Secrets To Never Getting Sick

Most secrets to good health aren't secrets at all, but common sense. For example, you should avoid contact with bacteria and viruses at school and work. But a whole host of other feel-good solutions can help you live healthier while avoiding that runny nose or sore throat. Here are 12 tips for preventing colds and the flu.

1. Eat green vegetables. Green, leafy vegetables are rich in vitamins that help you maintain a balanced diet — and support a healthy immune system. According to a study, eating cruciferous vegetables sends a chemical signal to the body that boosts specific cell-surface proteins necessary for efficient immune-system function.

2. Get Vitamin D. Reports indicate that many Americans fall short of their daily vitamin D requirements. Deficiencies in vitamin D may lead to symptoms such as poor bone growth, cardiovascular problems, and a weak immune system. Results from a 2012 study in the journal *Pediatrics* suggest that all children should be checked for adequate vitamin D levels. This is especially important for those with dark skin, since they don't get vitamin D as easily from exposure to sunlight. Foods that are good sources of vitamin D include egg yolks, mushrooms, salmon, canned tuna, and beef liver. You can also buy vitamin D supplements at your local grocery store or pharmacy.

3. Keep moving. Staying active by following a regular exercise routine — such as walking three times a week — does more than keep you fit and trim. According to a study published in the journal *Neurologic Clinicians*, regular exercise also:

- keeps inflammation and chronic disease at bay;
- reduces stress and the release of stress-related hormones;
- accelerates the circulation of disease-fighting white blood cells (WBCs), which helps the body fight the common cold.

4. Get enough sleep. Getting adequate sleep is extremely important if you've been exposed to a virus, according to a study published in the *Archives of Internal Medicine*. Healthy adult participants who slept a minimum of eight hours each night over a two-week period showed a greater resistance to the virus. One reason may be that the body releases cytokines during extended periods of sleep. Cytokines are a type of protein. They help the body fight infection by regulating the immune system.

5. Skip the alcohol. New research shows that drinking alcohol can damage the body's dendritic cells, a vital component of the immune system. An increase in alcohol consumption over time can increase a person's exposure to bacterial and viral infections.

6. Calm down. For years, doctors suspected there was a connection between chronic mental stress and physical illness. Finding an effective way to regulate personal stress may go a long way toward better overall health, according to a 2012 study published by the National Academy of Sciences. Try practicing yoga or meditation to relieve stress. Cortisol helps the body fight inflammation and disease. The constant release of the hormone in people who are chronically stressed lessens its overall effectiveness. This can result in increased inflammation and disease, as well as a less effective immune system.

7. Drink green tea. For centuries, green tea has been associated with good health. Green tea's health benefits may be due to its high level of antioxidants, called flavonoids. According to a study published in the *Journal of the American College of Nutrition*, several fresh-brewed cups a day can lead to potential health benefits. These include lower blood pressure and reduced risk of cardiovascular disease.

8. Add color to meals. Do you have trouble remembering to eat your fruits and vegetables at every meal? Cooking with all colors of the rainbow will help you get a wide range of vitamins, such as vitamin C. While there's no evidence that vitamin C can reduce the severity or length of illness, a 2006 study from the *European Journal of Clinical Nutrition* shows that it may help the immune system ward off colds and flus, especially in those who are stressed.

Other Foods That Boost the Immune System: Blueberries, Citrus, Bell Peppers, Broccoli, Garlic, Ginger, Sweet Potatoes, Spinach, Yogurt, Almonds, Turmeric, Dark Chocolate, Papaya, Kiwi, Poultry, Sunflower seeds, Kefir and Oily Fish.

9. Be social. Doctors have long seen a connection between chronic disease and loneliness, especially in people recovering from heart surgery. Some health authorities even consider social isolation a risk factor for chronic diseases. Research published by the American Psychological Association suggests that social isolation may increase stress, which slows the body's immune response and ability to heal quickly.

10. Get a flu vaccine. The Centers for Disease Control and Prevention recommends that all people over six months of age get a yearly flu vaccine. However, exceptions should be made for certain people, including those who have severe allergic reactions to chicken eggs. A severe allergy leads to symptoms such as hives or anaphylaxis. People who have had severe reactions to influenza vaccinations in the past should also avoid yearly vaccines. In rare instances, the vaccine may lead to the development of Guillain-Barré syndrome.

11. Practice good hygiene. Limit-

ing your exposure to illness by avoiding germs is key to remaining healthy. Here are some other ways to practice good hygiene: Shower daily; Wash your hands before eating or preparing food; Wash your hands before inserting contact lenses or performing any other activity that brings you in contact with the eyes or mouth; Wash your hands for 20 seconds and scrub under your fingernails; Cover your mouth and nose with a tissue when coughing or sneezing; Carry an alcohol-based hand cleaner for on-the-go use. Disinfect shared surfaces, such as keyboards, telephones, doorknobs, light switches, and remote controls.

12. Keep it personal. Flu viruses can generally survive on surfaces for 24 hours, according to the National Health Service. That leaves plenty of time for germs to spread among family members. Just one sick child can pass an illness to an entire family in the right setting. To avoid sharing germs, keep personal items separate. Personal items include: toothbrushes, towels, utensils and drinking glasses. Wash contaminated items — especially toys that are shared — in hot, soapy water. When in doubt, opt for disposable drinking cups, utensils, and towels.

Mandy Project

Cindy Greer, Coordinator
970-588-3386
Email: hcrdgreer@frontier.net

In the second degree, we find cultivators and shepherdesses and the lesson focuses on hope — our greatest incentive for achievement. In the third degree, the Harvesters and Gleaners received teachings that they find in the distribution of charity. Our Hope lies in our children and the potential they have to make changes in the world. Being able to hear is a key factor to their learning.

I've recently been somewhat curious about the amount of money that the Granges, and Grangers have donated to the Mandy Project since we started it in 1998. What I found is really exciting to see. The State Grange has received \$10,837.38 mostly from donations from Granges and the Mile of Quarters projects. This amount does not include an endowment donation that was received from Charlotte DeHerport Estate which ended up totaling \$112,785.72. P.I.C.K. has received \$22,356.27 again mostly from donations and fund raisers that we have had over the years. Granges and Grangers have raised a total of \$33,193.65 to help children with hearing loss. Early in the beginnings of the project we did receive a grant in the amount of \$1,000 from a local telephone company, which is not included in the amounts above.

The Mandy Project through the Colorado State Grange and P.I.C.K. has helped 137 children obtain services pertaining to their hearing loss. You should be proud of your contributions to this project. It's one way that we get the Grange name out to the public. Thank you for your continued support and promotion of this project.

Colorado State Grange Website

Larry Corman takes care of the web page for the State Grange. He is requesting that Officers and Directors contact him with updates for their departments. He would like to link the web page of each Grange to the State Grange site. Please contact him to have this done so Grange members and others can easily access your page for information. Larry Corman: larry_corman@hotmail.com or 970-884-4762.

Junior Grange And Youth

Dan and Jenna Greer, State Directors
 970-749-9449 • 970-588-3844 • Email: djbngreer@live.com

Has your summer been a whirlwind as much as ours has? Fair is over (sigh), School is starting (sigh), and that must mean that summer is almost over (HUGE SIGH). Hopefully you were able to have lots of fun and enjoy your summer. Maybe took the boat out on the lake or went fishing or hiking or went on a trip or took some time to enjoy nature or watched a baseball game or We could go on forever.



Fair is over!! Did any of your juniors enter anything in to their local fairs? Ask them because there's a great chance that some of it can be entered into the State JG contest or a local Pomona contest. Why not take those pictures, painting, or crafts and enter them into more than one contest?

Have any of your juniors thought about entering the Junior Ambassador or Super JG programs next year? Or have you thought about encouraging them to enter any National programs? I'm excited to announce that Colorado will have a JG Ambassador hoping to attend nationals this year! William Greer has completed his application, the Super JG test and scored a 97%! Most of you know William as Billy, he went to Nationals last year and showed off some of his talents by telling jokes about ol' farts. He wrote his biography, a letter why he wanted to be the Junior Ambassador, had four letters of recommendation and met the merit badge requirements. That's not that much work for the chance to be the National JG Ambassador!

In light of Billy applying for the National JG Ambassador program this month we would like to highlight the program.

The purpose of the National Junior Grange Ambassador program is to provide an opportunity for outstanding Junior Grangers, selected by their State Grange, to attend the National Grange Convention and build their leadership potential. They will be given the opportunity to build relationships with other Junior Grangers and Grangers across the Nation. They will receive vital training that will be instrumental in developing the Junior Grange programs within their state, as well as preparing them for their future in the Grange.

A maximum of two Junior Grangers per state, one male and one female, may be chosen to represent their State at the National Convention. One candidate will be chosen through a process of interviews and observations made by a council of judges. The candidate that is chosen will be selected as the National Junior Grange Ambassador and will be a representative of the National Junior Grange program for a 1-year term.

All applicants are required to meet the following criteria:

1. Must be a Junior Grange member for a minimum of three years.
2. Must be between the ages of 10-14 years, having observed their 10th birthday, but not their 15th by December 31st of the year they attend National Session.
3. Ambassadors must be able to attend National Convention to represent their state during Junior Grange activity days (Thursday-Saturday).
4. Junior Ambassadors must have a parent or guardian attend the Na-

tional Convention with them.

Applicants must submit the following:

1. Four letters of recommendations from:
 - State Master
 - State Junior Director (if applicable)
 - Junior Leader
 - Educational Leader (i.e. teacher, Sunday school teacher etc.)
2. Headshot — a photograph containing only yourself
3. One-page biography telling about yourself, your family, and your Junior Grange Achievements.
4. Applicant must have completed and passed the Super JG knowledge test. (Attach a copy of the test or a copy of your Super JG Award.)
5. Attach a one-page essay on "Why you would like to represent the National Grange as the NJGA."
6. Applicant must have obtained a minimum of 10 Merit badges from each category (The Grange Adventure, Team Up America, and Discovery Network)

DEADLINE TO SUBMIT APPLICATION: AUGUST 15.

If you are interested in being the next State JG Ambassador for Colorado please let us know. Also encourage all of your JG members to participate in the programs that are offered.

YOUTH

Now on to the YOUTH! What are you doing in your Granges to encourage youth participation? Jam nights, movie nights, pancake breakfasts where the youth help cook or serve, adding technology to the meetings, having a fun outing at low cost? As a young Granger we were always told that Youth are the Grange of the future. I'm here to tell you that youth are the Grange of today not the future. If we don't start getting youth involved at the local level how do we expect to have the youth there in the future? Take a few moments at your next meeting and ask what can we do to get the younger generation involved with the Grange.

This month we are going to focus on the NGYOT, National Grange Youth Officer Team.

National Grange Youth Officers Team (N.G.Y.O.T)

Purpose: To assemble a team of Youth from across the nation to open the National Grange convention on Friday morning at the annual session. This will provide more youth with an opportunity to participate in the National Grange convention.

Deadline September 1, 2018.

- The Grange Youth Officers Team will march in and open the Grange in the fourth degree and march out.
- Master, Overseer, Steward, A.S., L.A.S., G.K., and Chaplain have speaking parts.
- Lecturer will need to select an opening song.
- Secretary will need to be prepared to call the roll of Youth officers —

which will be established following the application process. Secretary is responsible for learning how to pronounce the names of the officers correctly.

- Ceres, A.S., and L.A.S. will need to know how to present the flag properly according to the Official Flag presentation ceremony offered by the National Grange.
- A.S. and L.A.S. may submit suggestions for the seating and retiring drill. Also please limit the time of the opening drill to six minutes and the retiring drill to three minutes.
- Musician applicants must submit a musical demonstration tape or CD. Musical piece should be no more than three minutes. Musician may make suggestions for March Music. The National Youth Development Director will screen any music suggestions for appropriateness.
- There are 18 offices to be filled: Master, Overseer, Lecturer, Steward, A.S., L.A.S., Chaplain, Treasurer, Secretary, G.K., Ceres, Pomona, Flora, and four executive committee positions and Musician.
- Those applying for a position should be Grange members who are at least 14 years of age and not over 35 years of age.
- The National Grange Youth Development Director will contact each applicant with additional questions during the selection process.
- The selection process will be based off letters of recommendation as well as the application. Preference will be given to qualifying youth that have not served on the N.G.Y.O.T. Youth previously serving as Master are ineligible for re-application.
- Each applicant will be notified of the results no later than October 1, so that each has adequate time to make travel arrangements. Each member of the N.G.Y.O.T. will receive a special certificate.
- Applicants are required to prove that they have earned a minimum of three achievement awards, which have been earned between August 31 of the previous year and September 1 this year. One award seal must be completed in the John Thompson Ritual Achievement Award. They will also need to complete the Grange Trivia Test.
- Applicants must submit a letter of recommendation from a member of their local Grange — preferably Master — State Youth Director, and State Master.
- Applicants must be committed to memorizing their speaking part if the office they are applying to fill has a speaking part. Each applicant must be willing to comply with the dress guidelines that will be established for Youth officers.
- Single youth applicants must not have become pregnant or have children during term of service. If under 18, must have parent's consent.
- Current Horizon Leadership Ambassadors and John Trimble Youth Legislative Experience delegates are not eligible to apply.
- Youth housing at the National convention will be available for any who wish to participate. If funds are available in the Grange Foundation Youth Leadership Fund financial assistance will be given for lodging and meals. If funds are not available all expenses incurred will be the responsibility of the youth participating.

If we have anyone interested in this awesome program let us know and we'll do our best to help with funding their trip to nationals!

Last but not least the youth will be operating the hospitality room this year at State Session. So if you would like to see anything special, let us know before State Session and we'll do our best to accommodate. Also the Juniors/Youth will not only be hosting the JG luncheon this year at State Session, they will be making the food and helping to serve it, in an attempt to earn some extra funds to help host a fun event next spring/summer; be sure to buy your luncheon tickets early!

God is good, all the time! All the time, God is good!

Agriculture Report



David H. McCord, State Director
 David • 303-388-1259
 Email: dmccord60@earthlink.net

The following is a digest of citizen initiated ballot issues we will be asked to vote on this fall if valid signatures reach the minimum 98,492. The titles and certain of the ballot text appear below together with comments from available sources and from me. Comments are offered for the initiatives with clear importance to agriculture, education, and transportation that are traditionally also important to the Grange. See the Secretary of State's website for full text. There are six amendments referred from the Legislature; one, Amendment X, has agriculture significance in that it defines hemp.

Initiative 93 —

Funding for Public Schools

Shall state taxes be increased \$1,600,000,000 annually by an amendment to the Colorado constitution and a change to the Colorado Revised Statutes (CRS) concerning funding relating to preschool through high school public education ... (followed by verbiage on tax rates to fund schools, a shift to more corporate taxes, a reduction in residential and non-residential assessments, obligating legislative actions, directs that support is only for public schools, and requires a study of the fund's use in five years).

My feeling is this critical effort attempts to tackle some of the conflicts between present constitutional requirements and education funding.

Initiative 97 —

Setback Requirements for Oil and Gas Development

Shall there be a change to the CRS concerning a statewide minimum distance requirement for new oil and gas development, and, in connection therewith, changing existing distance requirements to require that any new oil and gas development be located at least 2,500 feet from any occupied structure and any area designated for additional protection and authorizing the state or a local government to increase the minimum distance requirement?

Wells now cannot be less than 500 feet from homes and 1,000 feet from schools. Approving 97 could be fatal to our oil and gas industry. Farm and ranch owners with oil and gas resources depend on lease revenue to help when crop commodity prices sink. This would close down 86 percent of private land and 94 percent of federal lands to new wells. The proponents appear to have a strong Boulder linkage with out-of-state support. Inflated and incorrect commentary on fracking is often included in their statements. I have no apprehensions about fracking, there are no unknown chemicals used, water and sand are used instead and the water is recycled. I expect to present a resolution opposing approval of Initiative 97 to the State Grange delegates.

Initiative 108 —

Just Compensation for Reduction in Fair Market Value by Government Law or Regulation

Shall there be an amendment to the Colorado constitution requiring government to award just compensation to owners of private property when a government law or regulation reduces the fair market value of the property?

This constitutional initiative is backed by oil and agriculture interests and aims to make governments pay for hurting property values related to issues such as addressed by Initiative 97. As a retired city planner with public experience, I am very conflicted about impacts. I understand the need

for compensation where a government driven setback precludes oil and gas wells but what about other government actions on land use, master planning, zoning, widening a street, building height limits, fees, purchase of land for public use, etc.? Would 108 compensation apply?

Initiative 126 — Payday Loans

Shall there be an amendment to the CRS concerning limitations on payday lenders, and, in connection therewith, reducing allowable charges on payday loans to an annual percentage rate of no more than 36 percent?

Initiative 153 —

Transportation Funding

Shall state taxes be increased \$766,700,000 annually for a 20-year period, and shall state debt be increased \$6,000,000,000 with a maximum repayment cost of \$9,400,000,000, to pay for state and local transportation projects, and, in connection therewith, changing the CRS to: 1) increase the state sales and use tax rate by 0.62% beginning January 1, 2019; requiring 45% of the new revenue to fund state transportation safety, maintenance, and congestion related projects, 40% to fund municipal and county transportation projects, and 15% to fund multimodal transportation projects, including bike, pedestrian, and transit infrastructure; 2) authorize the issuance of additional transportation revenue anticipation notes to fund priority state transportation maintenance and construction projects, including multimodal capital projects; and 3) provide that all revenue resulting from the tax rate increase and proceeds from issuance of revenue anticipation notes are voter-approved revenue changes exempt from any state or local revenue, spending, or other limitations in law?

Initiative 153 would raise the state's sales-and-use tax from 2.9 percent to 3.52 percent for 20-years for transportation projects and would authorize up to \$6 billion in bonds from this tax revenue.

Initiative 167 — Authorize Bonds for Transportation Projects

Shall state debt be increased \$3,500,000,000, with a maximum repayment cost of \$5,200,000,000, without raising taxes or fees, by a change to the CRS requiring the issuance of transportation revenue anticipation notes, and, in connection therewith, note proceeds shall be retained as a voter-approved revenue change and used exclusively to fund specified road and bridge expansion, construction, maintenance, and repair projects throughout the state?

This one called "Fix Our Damn Roads," would require the state to apply existing income to put more dollars into transportation projects with no tax increase. The state would take out \$3.5 billion in bonds for road projects.

Initiative 173 —

Campaign Contributions

Shall there be an amendment to the Colorado constitution providing that if any candidate in a primary or general election for state office directs more than one million dollars in support of his or her own election, then every candidate for that office in the same election may accept five times the amount of campaign contributions normally allowed?

Sources: *Colorado Secretary of State, Denver Business Journal, The Denver Post, "Vital for Colorado" website.*

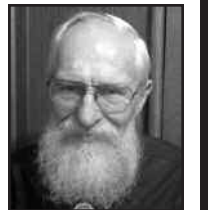
Granger Deadline And Guidelines

October 15, 2018, is the deadline for articles for the November-December 2018 edition of *The Colorado Granger*. You can send them to the State Grange Office, 2009 CR 31, Florissant, CO 80816 or email costategrange@gmail.com. We would appreciate your following these guidelines when writing an article: Name of Grange; Contact person (with phone number and email); Upcoming dates; Brief summary of what has been happening at your Grange; Community Service Projects; In Memoriam; Thinking of You; Hats Off; and/or You're Invited.

Membership

Roger Ayers, State Co-Director
 970-385-4557 • reayers@icloud.com

Dominick Breton, State Co-Director
 970-588-3386 • dom.e.breton@gmail.com



Good Day Grangers

I hope that everyone has had a great summer! Roger and I are looking forward to seeing everybody at State Session, in Durango, September 25. I also hope that you are planning on attending the Membership Lunch on Friday the 25. We will be giving tips

and tricks on recruiting and will be giving out awards for the top recruiting and top performing Granges for the year. Don't forget about about Challenge 145!

Remember when you are out and about ask your visitors to join the Grange!

Darden Jefferson County

Contact **Idella Lewis, idellamlewis@gmail.com, 303-233-3393, for further information.**

Darden Pomona Grange met in May at Wheat Ridge Grange. A potluck dinner was held. Officers were assigned for 2018-19.

Marlys Halbeisen and Idella Lewis will be delegates from Darden Pomona at the State Session in Durango, and Amber Elizabeth will be the Youth Delegate from Darden Pomona.

The September meeting was held at Maple Grove Grange. Installation of Officers was held following the potluck dinner. Plans were made for the Darden Pomona Christmas Party to be held in December at Enterprise Grange.

Idella Lewis

Enterprise

Contact **Carol Lackey, carol.lackey@att.net, 303-521-4477, for further information.**

Wednesday, September 12 — Potluck will be vegetables grown from our Community Garden Project at 6:30 p.m. and then a planning meeting for the State Grange and the 2017/2018 Grange year.

Sunday, October 7 from 5 to 7 p.m. — Annual Chili Dinner ALL YOU CAN EAT! Location: Enterprise Grange Building, 7203 Simms Street, NW Corner of 72nd Avenue and Simms Street in Arvada.

Serving: Chili (Meat and bean, Green, Red, Vegetarian in all temperatures from mild to HOT). Also available: Cornbread, Hot Dogs, Chili Cheese Dogs, Chips, Dessert, soft drinks and coffee with each meal.

Cost: Adults - \$8; Children - 5 to 12 - \$5; Children Under 5, eat free. Tickets can be obtained from any member of the Enterprise Grange or by calling Dorothy Dannels at 303-425-0111 or Carol Lackey at 303-521-4477.

All proceeds benefit the Jefferson County Senior Stocking Project. Pre-purchased tickets are not necessary, just easier for planning purposes. Join us if you can! There's always plenty for everyone.

Wednesday, October 10 — Potluck at 6:30 p.m. and presentation to be determined.

Wednesday, November 14 — Thanksgiving potluck at 6:30 p.m. Carin' Clinic and Shannon's Hope clients will join us along with any Grangers, friends and family who wish to attend. Our Thanksgiving feast is a traditional potluck with turkey and all the trimmings. Turkey, beverages and desserts are provided by the Grange. Attendees bring a small dish to share.

In July, Maple Grove, Wheat Ridge

Boulder County Boulder County

Left Hand

Contact **Bruce Johnson, 720-301-6367 or johnson.blj71@gmail.com for further information.**

Business Meetings at 6 p.m. — September 12, October 10, and November 14.

Music Open Stage — Our monthly Sunday Music Open Stage will start



Left Hand Grange #9 members participating in Niwot's Independence Day Parade 2018.

and Enterprise Grangers had our combined summer picnic at the church park behind Marlys Halbeisen home. We all thank Marlys for her wonderful hospitality! Everyone enjoyed the good times shared with good friends.
Carol Lackey

Maple Grove

Contact **Idella Lewis, idellamlewis@gmail.com, 303-233-3393, for further information.**

Maple Grove Grange met in August with a potluck dinner followed by the meeting.

Delegates were selected to attend the State Grange Session in Durango. John Cruz and J. Kelly will be delegates and Ashley Elizabeth will be the Youth Delegate.

Maple Grove will again provide dictionaries for third grade students at two local elementary schools, Kullerstrand and Pennington.

J. Kelly has many books from the Telephone Pioneers group which we will try to find a school that could use them.

Our members attended the Darden Pomona Picnic held in July. We had plenty of good food and fellowship.

Idella Lewis

Wheat Ridge

Contact **Vivian Vos, vlvos@yahoo.com, 720-217-1340, for further information.**

Thursday, August 23 — 6:30 p.m. Grange Open House (promote the Grange with a membership drive).

Wednesdays, September 19 and October 17: 10 a.m. BlackHawk Casino bus trip. Proceeds go to charity chosen by the Grange.

Wednesday, December 19 — SAVE the DATE — Annual Christmas Party.

Forty-nine (49) is the number of years that the Carnation Festival has been active in Wheat Ridge, CO — August 10-12. WR Grange #155 has also been serving 200+ people a pancake breakfast for those same 49 years. This breakfast is served for two hours just before the public enjoys the Carnation Festival parade along the street closest to the Grange building. The pancake breakfast is served by the Grange members to citizens as well as local, county and state dignitaries. The donations are used by the Grange.

WR Grange #155 has created a partnership with the 4H Achievers Club. WR Grange #155 sponsored a belt buckle for the 4H Achievers. This buckle is given as an award to a 4Her at the Jefferson County 4H Achievers Youth Livestock Auction held August 12.

July 19 the WR Grange along with 4H Achievers Club held a BBQ to get to know each entity and family members. Fifty people attended playing games as well as eating BBQ.

Vivian Vos

up again on Oct. 7 and run through April 2019. This will be our seventh season hosting this fun community event.

Our last event on April 15 had 12 performers and a total of 47 free and was hosted by Bruce and Marcia Johnson and the Left Hand Grange #9, and ran from 1:30-3:30 p.m. Please contact Bruce for more information at 720-301-6367.

4th of July Parade in Niwot — Left Hand Grange #9 members parti-



Fiddlesteppers Square Dancers at the Golden Gate Grange.

Golden Gate

Contact **Master Rich Phillips, 303-277-1933, or Jayne Ruesch, 303-215-9257, for further information.**

September 6, 3:30-4:30 p.m. — Grange Meeting.

September 14, 7-9 p.m. — Line Dancing/Lessons.

September 22, 5-8 p.m. — Golden Gate Auxiliary Pig Roast for GGFPD.

October 4, 3:30 4:30 p.m. — Grange Meeting.

October 12, 7-9 p.m. — Line Dancing/Lessons.

October 27, 6-8 p.m. — Family Halloween Party.

November 1, 3:30-4:30 p.m. — Grange Meeting.

November 10, 9 a.m. to 4 p.m. — Holiday Craft Fair.

Grange meetings have been moved back to the afternoon on the first Thursday of each month. The meeting time will now be from 3:30-4:30 p.m. We try to keep our meeting to one hour. All Grange members are invited to attend. If you cannot attend but have an idea for an event or community project, call or email Rich Phillips (richnellephillips@gmail.com, 303-277-1933).

Line Dance Classes are a fun way to learn a new skill, get some exercise



Line Dancing Class at the Golden Gate Grange.

icipated in Niwot's Independence Day Parade again this year. This event is usually attended by about 2,500 people. Our "float" is actually an antique wagon with a model of the Grange building — built by member Dick Hicks. After the parade we opened up the Grange Hall and invited parade-goers in to check out the Grange and use the facilities. Members were on hand to answer questions about the Grange.

Bruce Johnson



Hanging on! Mutton Bustin' at Buffalo Bill Days in Golden.

and connect with your neighbors. Join us! The cost is \$5 for Grange members and \$8 for non-Grange members.

On September 22, from 5-8 p.m. the Golden Gate Grange will again host the Golden Gate Auxiliary's annual Pig Roast, which benefits our firefighters. There will be a delicious dinner and a silent auction and the ever popular paddle auction. Bring the whole family to this fun event and show your appreciation and support for the Golden Gate Fire Pro-

tection Firefighters! again sponsored Mutton Bustin' at Buffalo Bill Days in Golden. Grange members Janet and Dave Primmer organized and ran the event. The Primmers have been involved in multiple aspects of organizing and running Buffalo Bill Days for many years. This event raises funds for a great number of charitable and civic groups and activities in Golden. Thanks to Dave and Janet for all they do for Buffalo Bill Days and the community at large!

Jeffco, the GGFPD and the Golden Gate Grange cooperated in a slash event. This is part of our Fire Wise Community efforts to make our foothills safer and less wildfire prone. Many canyon residents took advantage of this important opportunity at the Golden Gate Grange.

Grange member Christi Little organized a group from her workplace, CoBank, to help clean the Grange building. Rich Phillips and Terri Costeldia led the crew who cleaned windows, closets and lighting fixtures. Christi hopes to bring another group later in the year. Many thanks, Christi!

Yoga classes continue to be a popular offering at the Golden Gate Grange. Classes are held on Mondays at 1:30 p.m. and Thursdays at 5 p.m. Cost for Grange members is \$10 for a single class or \$80 for a 10-class card. Last year we logged more than 400 man/woman hours of yoga at the Grange! Join us to help improve your balance, strength, and flexibility.

Website: www.goldengategrange.com; Like us on our Facebook page *Golden Gate Canyon Community*.

Rich Phillips

• Mt. Allison

(Continued from Page 5)

Lecturer; Kaitlyn Chapman - Steward; George Knoll - Asst. Steward; Karen Baxter - Lady Asst. Steward; Margaret Sutton - Chaplain; Sharon Nossaman - Treasurer; Larry Corman - Secretary; Brad Corman - Gatekeeper; Norma Conley - Pomona; Joyce Knoll - Flora; Vickie Sutton-Gallegos - Ceres.

Thank you to those willing to serve for another year.

Thanks to all of the volunteers from Mt. Allison that worked at the County Fair kitchen (for the La Plata Pomona). Thanks to Karen and Dennis Baxter, Tanya Ruybal, and Skyla Ruybal.

Larry Corman

The Fiddlesteppers once again enjoyed an afternoon of square dancing at the Golden Gate Grange.

The Golden Gate Grange once

Pikes Peak

El Paso and Teller Counties

Florissant

Contact Renee Caldwell, caldwellrenee3@gmail.com, for further information.

September 8 — Craft show and Flea market from 9 a.m. to 3 p.m.

September 15 — Lima Street Band Concert with dessert from 4 to 8 p.m.

October 13 — Pine Needle Basket Class — working with gourds — 9 a.m. to 12 p.m.

October 27 — Halloween Party — 1 to 3 p.m.

November 3 — Bluegrass Music Dinner Concert — 6 to 9 p.m.

July is always a busy month for the Florissant Grange with preparations going on all month for Heritage Day. This year we had a barrel train for the kids, Crafters and Vendors who provided some great shopping for our guests, Brats and ice cream for all, and the Western Music Association took the stage and entertained us all day. It was a great day and worth all the hard work. As always, it rained in the afternoon, but we just went in-



Great shopping at Heritage Day 2018.

side and enjoyed the entertainment.

Also in July a group of hard working Grangers spearheaded by Granger Steve Gulbine, did a great job of repairing the front steps of our Old School House/Grange Hall. The steps were in desperate need of repair and Steve and his crew of volunteers did an outstanding job. The stairs are beautiful now.

In August, after Heritage Day was behind us, Steve and his crew of volunteers tackled the kitchen steps and once again wowed us with their craftsmanship. Thanks from all of us at the Florissant Grange and all that use our Grange Hall for a job well done.

August 11 was another in a series of Pine Needle Basket classes. We learned how to create designs from the end of the pine needle.

August 25 we had a lunch concert with Donna DeLisele, aka Trailer Park Patsy. Donna is a great entertainer and sings many songs from Patsy Cline and that era and more. This was a great way to spend the afternoon. Lunch was provided by the Florissant Grangers. We offered three different soups, biscuits, salad and ice cream for dessert.

The Florissant Grange quilters joined forces with the National Grange who is now partnered with the Quilt of Valor Foundation. So far our Florissant Grange Quilt of Valor Quilters have completed four quilts, two of which have been designated or awarded already. We have four more we are working on for Veterans in our community. Please see the Quilt of Valor article in this paper for photos.

Renee Caldwell



Violinists helped entertain at Heritage Day 2018.

Progressive

Arapahoe, Denver, Douglas & Elbert Counties

Castlewood

Contact Gary Tobey, 303-888-0582, garyhtobey@gmail.com, for further information.

We recently hosted the Progressive Pomona Granges Friday, July 13, 2018, for games, lunch, and a membership growth discussion with Event Chair Carol Ann Stepanich.

Wildfire. At our August 11 meeting, Tom Welle, Manager, Denver Field Office, National Fire Protection Association - Wildfire Division, and Jill Welle, Senior Wildfire Mitigation

Specialist for Douglas County, presented advice on protecting homes and structures against wildfire.

San Luis Valley. Former State Senator Lewis Entz has invited Castlewood Grangers and others on September 25-26 to visit the new Malt Plant north of Monte Vista, the Rio Grande Water Conservation District, for its 100th Anniversary in Alamosa, Home Lake Veterans Home, and potato fields.

Liz Hill is Event Chair for a crock pot chili cook-off at Castlewood, Saturday, October 6, at 11 a.m. All Grangers are invited to participate with their best efforts and enjoy the chili.

Gary Tobey

Ute Mountain

Dolores and Montezuma Counties

Mount Lookout

Contact Carol van der Harten, Shearts@q.com or 970-533-9955, for further information.

Sunday, September 9 — Community Supper 6 p.m.

Saturday, September 15 — Annual Pig Roast 3-7 p.m.

Tuesday, September 25 — Officers meeting 5:30 p.m.

Sunday, October 8 — Community Supper 6 p.m.

Tuesday, October 23 — Officers meeting.

Mount Lookout Grange is busy getting ready for our annual Pig Roast which will be held Saturday, September 15, 3-7 p.m. Being our major fundraising event for the year, detailed planning is in the works and promises to deliver a fun-filled day of excellent local food and drink, music, and socializing.

The annual Mancos Brew Fest,

held on August 18, is always well attended. MLG hosted a booth full of information about the Grange, and provided volunteers to help the sponsor, Mancos Brewing Company, make this a successful event. As one of two recipients of some of the proceeds of the event, MLG found participating particularly meaningful. Local organizations helping local organizations and people is what Mancos is all about.

The Grange Hall has been used during the summer for conferences, workshops, lectures, gathering places and as a venue for preparing summer lunches for children, a collaborative effort between Food Share and the local library. The commercial kitchen has been a wonderful addition to our Grange building.

We are looking into making additional needed building improvements and repairs, and are considering various grant opportunities to help with this effort. More details will be forthcoming.

Carol van der Harten

The Grange is America's great family fraternity active in your community, state and nation promoting activities and legislation for the betterment and enrichment of our society and families.

We value what's important
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Tentative State Grange Convention Agenda

145th State Session of the COLORADO STATE GRANGE Program

All State Session Meetings and Exhibits will be held at the Masonic Lodge, 421 Turner Drive, Durango, CO 81301.

All meetings of the State Session of the Colorado State Grange will be held in the Fourth Degree and members of any Grange in any state may attend.

Delegates must present their credential cards if the Secretary of their Grange has not already mailed them to the Secretary of the Colorado State Grange prior to the opening of the State Session.

Pianist: Loeda Westphal
Photographer: Elizabeth Hiner

WEDNESDAY, September 26, 2018

- 4:00 P.M.**
Set up for meeting.
- 6:00 P.M.**
Officers and Directors Dinner.
- 7:00 P.M.**
Sixth Degree Practice, State Officers.

Practice for Memorial Service to follow.

THURSDAY, September 27, 2018

- 9:30 A.M.**
Registration.
Check-in time for Lecturer, Family & Women's Activities, Junior Grange Contest Entries for judging.
- 9:45-10:00 A.M.**
State Session Committee Chairmen meet with the State Master.
- 10:30 A.M.**
All State Session Delegates work on Resolutions.
- 11:45 A.M.**
Recess for Lunch.
- 12:00 P.M.**
Lunch
- 1:15 P.M.**
Opening of the Colorado State Grange in full form in the Sixth Degree.
Lowering to the Fourth Degree.
Roll Call of Officers/Directors.
Adopting Convention Agenda.
Partial Report of Credentials Committee.
Annual Address by State Master Cindy Greer.
Report of Treasurer and Secretary.
Report of Executive Committee Chairman.
Preliminary Report of Good of the Order Committee.
Report of Grange Museum.
Report of Leadership and Scholarship Foundation.
Committee Reports.
Report of Lobbyist and Ag Committee.
- 3:00 P.M.**
Guest Speaker, M. Sherry Bowman, Native Bees, La Plata County, Conservation District.

Family & Women's Activities Bake Sale.
- 6:30 P.M.**
Memorial Service under the direction of State Chaplain Sheryl Ayers.
- 7:15 P.M.**
Fifth Degree — Short Form — Gary Wardle, Master.
- 7:30 P.M.**
Sixth Degree Conferred by State Grange Officers.

FRIDAY, September 28, 2018

- 6:45 A.M.**
Colorado State Grange Alumni Breakfast.
Amy Peterson presiding.
Past State Officers and spouses invited.
- 8:45 A.M.**
Open the Grange in the Fourth Degree.
Report of Credentials Committee.
Election of one Executive Committee member for a three-year term.
Continuation of Committee Reports.
- 10:00 A.M.**
National Representative — National Chaplain Barbara Borderieux.
Continuation of Committee Reports.
- 11:30 A.M.**
Recess for Lunch.
- 12:00 P.M.**
Membership Lunch at Masonic Lodge.
Roger Ayers and Dominick Breton presiding.
Everyone invited.
- 1:30 P.M.**
Reconvene Session.
Continuation of Committee Reports.
- 3:00 P.M.**
Spotlight on Grange — Animas Valley #194.
- 6:30 P.M.**
Grange Gala — *Outrageous Cowboy Hat Gala.*
Fiddle music and light snacks.
- 8:30 P.M.**
(Or ASAP following Gala)
Annual Meeting of PICK.
Everyone invited.



SATURDAY, September 29, 2018

- 6:45 A.M.**
Colorado State Grange Past Masters Breakfast.
Karen Baxter presiding.
Past Masters and Spouses invited.
- 8:45 A.M.**
Junior and Youth Officers Open the Grange.
Continuation of Committee Reports.
- 10:00 A.M.**
Installation of Officers.
Gary Wardle Installing Officer.
- 11:00 A.M.**
Report of Grange Insurance Association.
Continuation of Committee Reports.
- 12:00 P.M.**
JG Lunch at Masonic Lodge, Dan and Jenna Greer presiding.
Everyone invited.
- 1:30 P.M.**
Reconvene Session.
Completion of Committee Reports.
2019 Convention Site.
Close the Grange in full form in the Fourth Degree.
- 3:00 P.M.**
Leadership Conference for Masters, Secretaries, Lecturers, Family & Women's Activities, Community Service, Membership.
- 6:00 P.M.**
Annual Banquet of Colorado State Grange.
Executive Committee Chairman Larry Corman presiding.
Presentation of Outstanding Granger.
Talent Showcase.
Everyone invited.
- 7:15 P.M.**
Raffle Drawing

Fifth Degree Fee\$1.00
Sixth Degree Fee.....\$5.00
(Purchase tickets from State Secretary)

Lecturers, Family & Women's Activities, and Junior Grange Exhibits will be on display throughout the Convention.

RESERVATIONS FOR MEAL FUNCTIONS FOR STATE SESSION Deadline For Ticket Orders Is September 1, 2018.

Fill in the number of tickets you are ordering. Include a check made out to: **Colorado State Grange**. Mail to Colorado State Grange, 2009 CR 31, Florissant, CO 80816. Pre-paid tickets will be at the Registration Table.

No. of Tickets	Meal Function	Total
_____	Alumni Breakfast — Fri., Sept. 28, 6:45 a.m. • Masonic Lodge Scrambled Eggs, Sausage, Fruit, Muffins. <i>For Past State Officers/Directors & Spouses</i>	@ \$7.00 _____
_____	A Membership Lunch — Fri., Sept. 28, 12:00 p.m. • Masonic Lodge	@ \$9.00 _____
_____	C Build your own Sandwich, Salad, Chips. <i>Everyone invited</i>	(10 & under) @ \$6.50 _____
_____	Past Masters Breakfast — Sat., Sept. 29, 6:45 a.m. • Masonic Lodge Scrambled Eggs, Sausage, Fruit, Tortillas, Cheese. <i>For Past Masters & Spouses</i>	@ \$7.00 _____
_____	A JG Lunch — Sat., Sept. 29, 12:00 p.m. • Masonic Lodge	@ \$10.00 _____
_____	C Taco Bar with Salad. <i>Everyone invited</i>	(10 & under) @ \$5.00 _____
_____	A Final Banquet — Sat., Sept. 29, 6:00 p.m. • Masonic Lodge	@ \$15.00 _____
_____	C Everyone invited Please indicate your preferred menu selection for the Annual Banquet.	(10 & under) @ \$10.00 _____
_____	Herb Roasted Beef	
_____	Chicken Parmesan	
	With Green Salad, Sweet Italian Green Beans, Baked Potato, Cake, Iced Tea, Lemonade, Water and Coffee.	
	Total Enclosed: \$ _____	

Name: _____

The meal prices are being supplemented by a donation from GIA.