WWW.COLORADOGRANGE.ORG

THE COLORADO GRANGER, SEPTEMBER-OCTOBER 2021

VOLUME 97, NUMBER 3

Help Needed At National Grange Convention 2021

Wichita, KS November 9-13, 2021

As a host for the National Convention our state is responsible for helping with many responsibilities in Wichita, KS, in November. From

Denver it's a little over seven hours travel time by car. From Durango area it's a little over 13 hours driving time. From Montrose it's about 11-1/2 hours driving time. So How Can You

Colorado State Grange Annual Convention 2021 **September 23-25, 2021 Masonic Temple, Durango**

ticipate.

State Session Speaker

Redistricting Commission Board Member Lori Smith Schell will be speaking at the Colorado State Grange Convention on Saturday morning following the Youth/Junior Officers opening.

The installation of officers will take place Saturday morning followed by the Junior Grange Lunch. After Lunch the short form Fifth degree will be presented by La Plata Pomona Grange and the State Grange Officers will present the sixth degree on Saturday afternoon. We hope that more people will participate in the activities on Saturday with these changes as this will be the first time we have given the degree in the afternoon during my involvement with the Grange. I've seen others states who have given the degree in the afternoon and it seemed to work well and those who worked during the week could come and par-

Saturday evening is the final banquet, Talent show and presentation of final awards - Quilts of Valor and Outstanding Granger. We look forward to seeing our Grange friends and family. Tickets for the Banquet must be purchased in advance. You do not have to have a ticket to attend the Talent Show or awards presentation.

If you're free on Thursday evening join us for the memorial service followed by ice cream and table games or on Friday for the Gala and awards.

As a Grange member you are welcome to join our business meetings also. You'll need the current password or a current membership card to attend the meeting to listen, watch and learn.

The complete Convention Agenda and Meal Form are on Page 8.

Serve as an officer in the Sixth Degree, which is presented on Saturday, November 13.

- Coordinate or help with the Hospitality room on Colorado's day (Wed.) or Saturday. Sign up at: https://docs.google.com/forms/d/e /1FAIpQLScLBFeS4egD_bhCvu DJ7fDJzkIrTsJ8_gFAadf2MwyJm cfmUA/viewform
- Volunteer to take the password at

the session door (Tues., Wed., Thur., or Friday).

- Volunteer to watch the Display room (Wed, Thurs, or Friday).
- Help with Registration (Tuesday, wed, Thurs, Friday or Sat)

The State Grange has set aside some finances to help individuals with travel and hotel expenses and we are raising funds through the raffle of the quilt and smart watch for these pur-

The sooner you sign up the more likely you'll get the time you want to

You can volunteer by contacting Cindy Greer or Elizabeth Hiner or by signing up on the internet at:

https://docs.google.com/forms/d/1 varJGoWzb6tIW2WbA3sTqKejwLa O9L3i9yqx7N2j3rg/viewform?ts=60 b0efce&edit_requested=true.

The National Grange is excited for you to join us at the

Annual National Grange Convenvember 913. 2021 * Wichita, Kansas

155th National Grange Convention

Convention will be held in Wichita, Kansas November 9-13, 2021 Hyatt Regency Wichita 400 W. Waterman Wichita, KS 67202

Hotel Phone: Call (316) 293-1234 Hotel Website: https://www.hyatt.com/ en-US/group-booking/WICRW?G-OPHU

MAKE YOUR HOTEL RESERVATION TODAY!

The hotel will provide transportation to and from the airport. Please make sure to provide your travel details during the registration process.

Mention that you are with the National Grange to receive Grange rooming discount. Rates are \$127.87/night.

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George Leavitt Booth

March 26, 1932 - August 3, 2021 George L. Booth passed away on August 3, 2021. Although he had been experiencing the natural decline that comes with age, his death was unexpected and saddens the hearts of all those who knew and loved him.

George was born at his grandmoth-

er's home in Denver, Colorado. He lived his childhood years on the family ranch in Coal Creek Canyon and his teen years at the family's home just west of Arvada where he graduated from Arvada High School. He then served two years active duty in the U.S. Army and another six years in the Army Reserves.

George built his home and raised his family in Coal Creek Canyon, where he worked alongside his father on the family ranch and timber logging business. He also worked for Boulder County Road Maintenance and ran his own heavy equipment business. He was well known in the Coal Creek Canyon region, the Front Range Livestock Association and he and wife Bea were highly respected and appreciated members of the Golden Gate Grange.

George had a keen interest in the history of the Golden/Coal Creek/ Arvada area and was a longtime member of the Arvada Historical Society. To quote a longtime family friend, "George was truly one of the 'good guys' and nearly the last of the oldtime cowboys who spent most of their time on horseback."

George is survived by his children Sharon McKee, Susan Sholfield, Charles Booth; daughter-in-law Deborah Booth; stepchildren Jay (and Melody) Saxton Jr., Donna (and Mike) Potts, Mary (and Mike) Newman; sisters Murva Ann (W. Duane) Rodgers, Clara Morris; 10 grandchildren and two step-grandchildren; 17 great-grandchildren; four nieces and six grand nieces and nephews.

Donations in George's memory may be made to the Arvada Historical Society 303 431-1261. Please inform the Arvada Historical Society that your donation is in memory of George. Fond memories and expressions of sympathy may be shared at www.aspenmorturies.com.

REGISTRATION	Rate
General Registration (09/07/21 – 10/15/21)	\$45.00
Junior General Registration (09/07/21 – 10/15/21)	\$15.00
Late Registration (10/16/21 – Convention)	\$50.00
Junior Late Registration (10/16/21 – Convention)	

MEAL TICKETS Rate 11/09/21 – Advocacy Luncheon \$35.00 11/10/21 – Salute to Agriculture Luncheon \$35.00 11/11/21 – Past Delegate Luncheon \$35.00 11/11/21 – GROW Club Reception \$35.00 11/13/21 – Celebration Banquet (Adult/child) \$50.00 / \$20.00

ENTERTAINMENT	Rate
11/09/21 – Open of 155th Session	FREE
11/10/21 – Quilts of Valor Presentation	FREE
11/11/21 – Past Delegates Recognition	FREE
11/11/21 – Memorial Service	FREE
11/11/21 – Peterson Brothers Workshop for Youth & Juniors	FREE
11/11/21 – Peterson Brothers Concert w/ Registration	FREE
11/11/21 – Peterson Brothers Concert no Registration	\$25.00
11/11/21 – Peterson Brothers Meet & Greet	\$15.00
11/12/21 – Junior Activities Day	\$20.00
11/12/21 – General Tour – Visit Wichita	\$30.00
11/12/21 – Youth Tour – Botanica	\$30.00
11/12/21 – Junior & Youth Opening	FREE
11/12/21 – Grange Honors Awards Ceremony	FREE
11/13/21 – Seventh Degree Conferral	\$30.00
11/13/21 – Junior Tour – Exploration Place	\$30.00
11/13/21 – Evening of Excellence	FREE

Master's Message

Cindy Greer, State Master 7629 CR 100, Hesperus, CO 81316 970-588-3386 • Email: hcrdgreer@frontier.net



After at least two years of work, the Update of the Colorado State Grange History book from 1974 – 2020 has been submitted and printed. We will have several copies available at the State convention and the books will cost \$12.50 each. You can also order a copy from Amazon.com. At this time we have not yet been able to get the book in a digital format, but we will keep working on it and sometime in the future a digital version will be available. Thank you to everyone who submitted articles and pictures.

Colorado

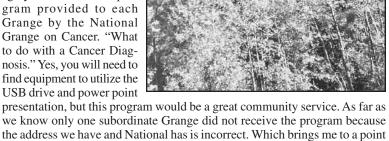
State

Grange History

National 2021: we are still looking for Coloradans to attend the National Grange Convention in 2021 in Wichita, Kansas, to help with the many duties the host states are responsible for doing. Please check out the article in this paper for opportunities to help out.

We hope Grangers took time to attend the Colorado State Fair and that you were able to see the State Grange Display table in the Ag building.

I would like to encourage you to utilize the program provided to each Grange by the National to do with a Cancer Diagfind equipment to utilize the



mailing address. As we begin a new Grange year, I encourage you to set goals and talk about your dreams for your Grange and community and then strive to achieve those

that in order for the Colorado State Grange and the National Grange to com-

municate with you we need your help to keep us informed of your current

Program To Help Those Diagnosed With Cancer Released

Submitted by Betsy E. Huber **President, National Grange**

National Grange is pleased and proud to present the program "What to Do with a Cancer Diagnosis," prepared in partnership with RetireSafe and made possible by a grant from Bristol Myers Squibb.

Did you know that 40% of Americans will receive a cancer diagnosis in their lifetime? This is a frightening statistic that makes the information included in this pack valuable to all of us so we can be prepared for this possibility for ourselves and our loved ones. The project includes a six-part presentation giving you next step advice if you or a loved one are to ever

PRESENT ADDRESS

(GIVE ROUTE AND BOX NUMBER)

get news that you have cancer.

Information includes different treatment options, how to prepare medical documents, types of treatments, self-advocating, and a medical checklist.

Packets containing the narrated slide show and supplemental materials were sent to every Grange president in July and everything is also available on www.nationalgrange.org under the Member Resources tab.

This project is not only for Grange members but for everyone. We strongly encourage you to plan a public meeting to present the program to friends and neighbors in your commu-

ZIP CODE

The Grange is America's great family fraternity active in your community, state and nation promoting activities and legislation for the betterment and enrichment of our society and families.

State Grange website www.coloradogrange.org

Please notify the State Grange Office of any address change.

Because it is 2nd class mail, the Grange is charged 59¢ per address change the post office sends from the Granger mailings.

Email: costategrange@gmail.com Call 719-748-5008 or mail the form below.

FOR THE COLORADO GRANGER MAILING LIST

ADDRESS CHANGE FORM

NAME	GRANGE #
OLD ADDRESS (IF CHANGE OR DROP)	
	ZIP CODE

Send to: Colorado State Grange

2009 CR 31, Florissant, CO 80816 -------------

Notes From The Secretary

Renee Caldwell, State Secretary 2009 CR 31, Florissant, CO 80816 719-748-5008

Email: costategrange@gmail.com

A Positive Point Of View

Summer is winding down... fall is almost here. It is hard to believe. Time goes by so fast.

I have only received two meal reservations forms and Delegate forms. September is here and we need to have this information ASAP. Please get those to me right away. There is a lot of prep work that goes into the planning of State Session, and YOU can make it easier by getting your

Claudia's Corner

by Claudia the Skunk from

the National Grange Herd

taken place in Local (Subordinate)

and Pomona Granges already. If your

Grange does not install officers we en-

courage you to read the Installation of

Officers charge for your office in the

very near future. The charge will give

you some general guidelines, and

sometimes encouragement. The

charges can be found in the Subordin-

ate Manual under Installation of Of-

ficers. The Installation of Officers

ceremony is open to the public. We

Election of officers should have

forms filled out and sent in quickly. AND... please send in any Resolutions your Grange has completed so that they can be typed and ready for State Session.

As stated in the last Granger, State Session is being held in Durango, at the Masonic Lodge this year. Please check the hotel information in your Granger. Each person attending needs to make their own hotel reservations. Also in the *Granger* is the Meal Res-



You cannot enjoy today if you are no longer exists, keep moving forward. cise the supreme authority with which

Join us at State Session for a great time and it is election time, so come on and have fun at State Session and enjoy Durango.

ervation Form (mailed to Secretaries,

Directors and Officers). Be sure to fill yours out and send it with your

check to the State Office, and don't

forget to fill out your Delegate forms

and committee choices and your Of-

ficers and Chairman reports. Getting

those in on time really helps thing

the State Session Schedule in the

Granger as well, and don't forget to

let your Grangers know about enter-

ing all the great contests we have at

Here is a reminder to take a look at

run smoothly.

State Session.

concentrating on yesterday. Yesterday

President/Master: In performing never goes backward.

You may encounter difficulties.

will share a few of those charges here. this duty, I must impress upon your mind the importance of the position you hold. You should be foremost in advocating the principles and carrying out the objects of our Order. To you, all connected with your Grange will look for example; and not these only, but those outside the Gate will diligently scrutinize each act. Let me caution you that you keep the eye of the mind open among your members. Encourage improvement; remember that nature's. motto is onward: She

Overcome them, remembering that difficulties are but opportunities to test our abilities. As Master of this Grange, your fellow laborers will look to you to devise work. A just Master will use due care that no time is lost in useless labor. Let all labor and all time tend toward improvement. Your laborers may not at first comprehend the value of this; but it is your duty to instruct them. Thus you will come in contact with their minds; if they are left uncultivated, if neglect is allowed, the moral weed crop will baffle and torment you.

It is especially your duty to exer-

Junior Grange And Youth

Dan and Jenna Greer, State Directors 970-749-9449 • 970-588-3844 • Email: djbngreer@live.com

Hello everyone.

Well, school has officially started again and by the time you read this we will have enjoyed a Colorado Rockies Game! It was great!

State Grange session is right around the corner, so be sure to send your kids' projects and crafts down to Durango so that they can get their prize money and compete!

Also, it's time to start thinking about next year's Junior ambassadors and Youth ambassadors or even a young patron. If you know of someone who would be great to represent Colorado as one of those, we would love to help them get there.

Don't forget that Junior Grange and youth are the life blood of our organization. So be sure to include them in your events that you plan and plan some events around them.

Families are also a great option to get both Grange members and JG members that later turn into Grange Members. So, when you are thinking about what events that you can do as a Grange be sure to think about families and what types of events work best for them? What things can you do to help make them feel welcome? What times work best for families?



Sometimes late night meetings don't fit well with families. Just food for thought. What are you doing to make your Grange welcoming to families?

The last thing we want to mention is that if you have any ideas for a some great activities that we could do for the state, please let us know! God Bless.

2021 National Grange Convention In Wichita, Kansas **November 9-13**

The Colorado Granger Guidelines

October 15, 2021, is the deadline for articles for the November-December 2021 edition of The Colorado Granger. You can send them to the State Grange Office, 2009 CR 31, Florissant, CO 80816 or email costategrange@gmail.com.

We would appreciate your following these guidelines when writing an article.

Name of Grange

Contact person (with phone number) Upcoming dates

Brief summary of what has been happening at your Grange — DO NOT SEND MINUTES

Community Service Projects In Memoriam (Grangers who have passed away)

Thinking of You

(Grangers who are sick and shut in — include address if they would enjoy cards)

Hats Off (Grangers to be recognized) You're Invited (activities open to nonmembers and visiting Grangers)

you are invested, in maintaining order in the Grange, and in enforcing obedience to the Constitution and Laws of the Order, yourself setting the example in all things. Decide all questions with calmness and firmness granting the right of appeal courteously, and abiding decisions against you cheerfully. We trust that it will be a prominent

part of your duty, both in and out of the Grange, to encourage the education of the children within the limits of your jurisdiction, and to plead that they be not employed in the arduous labors of the field, before their minds have received that gentle care and training which enliven, explain, and dignify labor.

It is also an important part of your duty to exercise such oversight in the conduct of the Grange as will encourage each officer to perform his or her part, and to suggest ways and means of assistance whenever needed.

EXECUTIVE COMMITTEE: In installing you as members of the **Executive Committee of your Grange** for the constitutional term, we would remind you and your associates that the office carries important duties and grave responsibilities. As an Executive Committee member you are responsible for the custody of the invested funds of the Grange and from you is expected such advice and counsel as will encourage your fellow officers in the faithful discharge of their duties. As an Executive committee, but always and only in conjunction with the Worthy Master, you are authorized, between regular meetings of Your Grange, in time of emergency or need, to act for and in the name of the Grange itself.

The Colorado Granger

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be taken as official expressions of the Colorado State Grange's policy unless so

POSTMASTER: Send address change form 3579 to: THE COLORADO GRANGER, 2009 CR 31, Florissant, CO 80816.

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Email - costategrange@gmail.com Phone - 719-748-5008 Renee Caldwell......Managing Editor

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EXECUTIVE COMMITTEE, Larry Corman, John Cruz, Tom Campion



Lecturer's Creative And Performing Arts

Elizabeth Hiner, Lecturer and Public Relations Director 970-403-4592

Email: Floridagrange306@vahoo.com

LECTURER/PUBLICITY:

I regretfully will no longer be able to serve as your Lecturer or Publicity Director. Due to my health and the inability to get enough oxygen at this elevation, Dean and I will be moving to Hawaii, right after the convention this year. Dean will be there before I am as I will spend time in Denver with my son and his family, then be off to the National Convention. Flying to Hawaii from there, it will be a race to see which gets there first, our stuff

It has been an honor and a privilege to serve in these roles for the last few years. Thank you for giving me a new family and a place to spread my wings and grow. You have had faith in me from supporting my going to The National Grange conventions in 2016, 2017, 2019 to take part in the Fellows program. Each time there I was able to expand my skills and grow. Will serve one last time as part of the host committee to the National Convention in Wichita, Kansas, this year. You can find me working around the convention where needed most. The Florida Grange #306, my home Grange, is donating 32 water bottles which I will fill with distilled water for those conventioneers who need it for their CPAP machines, any leftovers used as

souvenirs. The money raised will go toward their reconstituted Junior Grange, to fund projects and trips.

Would like to thank everyone for their participation in the Grange and the Grange activities. I know that COVID-19 hit us all hard last year with the shutdowns and this year has been a slow go getting back to having in-person meetings and get-togethers, I have seen Grangers getting back together slowly. So, I would like to personally thank everyone who is/ did participate in the Star Awards program. I would like the Christmas Card signing project to be an ongoing project at least until all our overseas military personnel are no longer away from home. Our service men and women appreciate the being remembered and acknowledged.

Lecturer Program (hopefully ongoing): **Christmas Card Signing**

Please DO NOT use cards with glitter or upraised attachments.

Contact Marlys for each year's salutation for the cards. Cards need to be sent unsealed (for insert to be added) to Marlys Halbiesen at 10650 West 45th Avenue, Wheat Ridge, CO 80033. The cards can be sent anytime during the year before September 1,



People Improving Communities And Kids

Cindy Greer, Secretary/Treasurer 970-588-3386 • Fax 970-588-3871 Email: hcrdgreer@frontier.net

The Grange calendar year for most Granges is September 1 thru August 31. Therefore, that means that it is now time to file your 990N postcard with the IRS.

Most small tax-exempt organizations whose annual gross receipts are normally \$50,000 or less are required to electronically submit Form 990-N, also known as the e-Postcard, by the 15th day of the 5th month after the close of your tax year.

What information do I need to provide on Form 990-N?

Form 990-N is easy to complete. All you need is the following information:

Organization's legal name An organization's legal name is the organization's name as it appears in the articles of incorporation or similar organizing document, as most recently amended and (when required by state law) filed with the appropriate state authority. If you have changed vour organization's legal name, you must inform the IRS of the new name and provide certain supporting documentation before filing your e-Postcard. You should report the change of name as far in advance of your filing deadline as possible. If you haven't received an affirmation letter reflecting your name change by the time your return is due, you will have to file a paper return (Form 990 or 990-EZ) for the year in which you changed your name and report the change of name on the paper return.

Any other names your organization uses

If the organization is known by or uses other names to refer to the organization as a whole (and not to its programs and activities), commonly referred to as Doing-Business-As (DBA) names, they should be listed.

· Organization's mailing address

The mailing address is the current mailing address used by the organization. If the organization's mailing address has changed since it filed its previous return (Form 990 or 990-EZ) or e-Postcard simply enter the new mailing address.

· Organization's website address (if you have one).

7629 CR 100, Hesperus, CO 81316

· Organization's employer identification number (EIN)

Every tax-exempt organization must have an EIN, sometimes referred to as a Taxpayer Identification Number (TIN), even if it does not have employees. The EIN is a unique number that identifies the organization to the Internal Revenue Service. Your organization would have acquired an EIN by filing a Form SS-4 prior to requesting tax-exemption. The EIN is a 9-digit number and the format of the number is NN-NNNNNNN (for example: 00-1234567). If you do not know your EIN, you may be able to find it on the organization's bank statement, application for Federal taxexempt status, or prior year return. Please note that the EIN is not your tax-exempt number. That term generally refers to a number assigned by a state agency that identifies organizations as exempt from state sales and use taxes. If you do not have an EIN, see the Instructions PDF for Form SS-4 for different ways to apply for an EIN. DO NOT use the EIN of a parent or other organization.

Name and address of a principal officer of your organization

Usually president, vice president, secretary, or treasurer - often specified in the organization's by-laws.

Organization's annual tax year

Like any taxpayer, exempt organizations must keep books and reports and file returns based on an annual accounting period called a tax year. A tax year is usually 12 consecutive months that can be either calendar year or fiscal year and is often specified in the organization's by-laws.

• **Answers** to the following questions: Are your gross receipts still normally \$50,000 or less?

Has your organization terminated or gone out of business?

Why do I need to provide this information?

The Pension Protection Act of 2006 added an annual filing requirement for small tax-exempt organizations to ensure that the IRS and potential donors have current information about your organization.



Family Activities

Idella Lewis and Karen Baxter, State Activities Co-Directors Idella Lewis, 303-274-9390 Email: idellamlewis@gmail.com Karen Baxter, 14857 CR 240, Bayfield, CO 81122 970-259-1595

We are now in the second year of dealing with the COVID Virus. Many false ideas go around about the virus, one is that it is spread by handling food. However, in studies done by The Mayo Clinic, there is no data showing that the virus is spread by

While researchers found small

virus particles on food or food packaging, the infection usually requires a much higher number of particles. The chances of infection from touching food packaging or eating food is extremely low.

There is no evidence of anyone contracting the virus that causes COVID after touching food or food packaging. The virus is spread when someone coughs, sneezes, or talks and droplets are in the air.

So go ahead and have those potlucks and picnics that we love! Just be reasonable and follow general food safety guidelines by washing your hands with soap and water for 20 sec-

mental discipline you can develop

through meditation may help you

break dependencies by increasing

your self-control and awareness of

Research has shown that medita-

tion may help people learn to redirect

their attention, manage their emotions and impulses, and increase their un-

derstanding of the causes behind their

trol food cravings. A review of 14

studies found mindfulness meditation

helped participants reduce emotion-

Improves sleep: Nearly half of the

population will struggle with insom-

nia at some point. Becoming skilled

in meditation may help you control or

redirect the racing or runaway

thoughts that often lead to insomnia.

Additionally, it can help relax your

body, releasing tension and placing

you in a peaceful state in which you're

Helps control pain: Your percep-

tion of pain is connected to your state

of mind, and it can be elevated in

stressful conditions. One review of

38 studies concluded that mindful-

ness meditation could reduce pain,

improve quality of life, and decrease

symptoms of depression in people

Decrease blood pressure: Medi-

tation can also improve physical

health by reducing strain on the heart.

In part, meditation appears to control

blood pressure by relaxing the nerve

signals that coordinate heart function,

blood vessel tension, and the "fight-

or-flight" response that increases

The bottom line: Meditation is

Accessible anywhere and is some-

thing everyone can do to improve their

mental and emotional health. You can

do it anywhere, without special equip-

ment or memberships. Alternatively,

meditation courses and support groups

are widely available. There's a great

variety of styles too, each with differ-

ent strengths and benefits. Trying out

a style of mediation suited to your

goals is a great way to improve your

tober 27, 2020 Condensed

alertness in stressful situations.

more likely to fall asleep.

with chronic pain.

al and binge eating.

Meditation may also help you con-

triggers for addictive behaviors.

Health Awareness

Louetta Phelps, State Director 10676 State Hwy. 151, Ignacio, CO 81137 970-749-1747

Email: Louettaphelps@aol.com

Benefits of meditation.

Meditation is the habitual process of training your mind to focus and redirect your thoughts. The popularity of meditation is increasing as more people discover its many health benefits. This article reviews some benefits of meditation.

Stress reduction is one of the most common reasons people try meditation. Normally, mental and physical stress cause increased levels of the stress hormone cortisol. This produces many of the harmful effects of stress, such as the release of inflammatory chemicals called cytokines. These effects can disrupt sleep, promote depression and anxiety, increase blood pressure, and contribute to fatigue and cloudy thinking.

Furthermore, research has shown that meditation may also improve symptoms of stress-related conditions, including irritable bowel syndrome, post-traumatic stress disorder, and fibromyalgia.

Controls anxiety: Meditation can reduce stress levels, which translates to less anxiety. One study found that 8 weeks of mindfulness meditation helped reduce anxiety symptoms in people with generalized anxiety dis**order**. Another study in 47 people with chronic pain found that completing an 8-week meditation program led to noticeable improvements in depression, anxiety, and pain over 1 year. For example, meditative yoga has been shown to help people reduce

anxiety. This is likely due to benefits from both meditative practice and physical activity.

Promotes emotional health: Some forms of meditation can lead to improved self-image and a more positive outlook on life. Inflammatory chemicals called cytokines, which are released in response to stress, can affect mood, leading to depression. A review of several studies suggests meditation may also reduce depression by decreasing levels of these inflammatory chemicals.

Lengthens attention span: Focused-attention meditation is like weight lifting for your attention span. It helps increase the strength and endurance of your attention. One review concluded that meditation may even reverse patterns in the brain that contribute to mind-wandering, worrying, and poor attention. Even meditating for a short period each day may benefit you. One study found that meditating for just 13 minutes daily enhanced attention and memory after 8 weeks.

loss: Improvements in attention and clarity of thinking may help keep your mind young.

In addition to fighting normal agerelated memory loss, meditation can at least partially improve memory in patients with dementia. It can likewise help control stress and improve coping in those caring for family members with dementia.

May help fight addictions: The

May reduce age-related memory

Chaplain's Corner

Loeda Westphal, State Chaplain 719-632-5965

Email: loeda.w341@centurylink.com

Lord knowing our thoughts, where we are, what we will say, and the path we will follow. It reminds as that even in the darkness God sees us. Verses 11 and 12 say, "If I try to hide in the darkness, the night becomes light around me. For even darkness cannot hide from God, to you the night shines as bright as day. Darkness and light are both alike to you".

Doesn't that sound similar to our ritual? The Chaplin's prayer mentions the same concept. The importance of light is emphasized in the sixth-degree prayer. In the light we seek and find. In the light we are able to follow as well as in the dark. The light, even a spark, is always around us guiding even in the dark.

In the early days of the Grange, the country had been at war for four long years. Farmers needed every bit of light they could get to complete the work. Our seven founders offered them a spark of light. The light flickered, but it grew. The Grange spread with remarkable activity and has continued for over 150 years.

It is up to us to keep the light burning. During the past several years, in some areas, the light has flickered. It

In Psalms 139 we read about the is up to us to carry the spark forward so the light may increase. Are we



quality of life, even if you only have a few minutes to do it each day. Written by Matthew Thorpe, MD. PhD and Rachael Link, MS, RD -Medically reviewed by Marney A. members who spread the light? Let us work together to help spread the White, PhD, MS — Updated on Oc-





Agriculture Report

David H. McCord, State Director David • 303-388-1259 Email: dmccord60@earthlink.net

How Will California's pig and chicken legislation impact Colorado pork and egg producers?

An AP article in the Sunday *Denver* Post, August 1, titled "Bacon may disappear in California as pig rules start," will impact how our pork farms operate — crosses state lines, you want to sell to California, you follow their rules. The legislation (Prop 12) was the result of efforts advanced by the Humane Society of the United States (HSUS) and similar activists groups to require a minimum gestation cage size for sows, from current 14 sq ft to 24 sq ft. HSUS and other radical animal interests are also active in Colorado, and for years threatened initiatives to the animal ag industry on how our ranchers and farmers manage their animals.

California generates about 45 million pounds of pork per month yet consumers need about 255 million pounds per month relying on trade imports to cover the deficiency. Their rules cross interstate boundaries and pose then a constitutional issue. Our livestock is treated with the highest care — animal health is critical to quality production and our farmers and ranchers care for their animals.

Friends from the Colorado egg farmers and Colorado pork producers generously offered to describe animal care practices here in light of the animal advocacy, my thanks to both

Colorado Egg Farmers

As Colorado egg farmers we have witnessed legislation in other states that is changing the way eggs will be produced in the west in the future. We know that simply maintaining today's production practices was not enough to ensure our agri-businesses would remain relevant for the next generation of egg producers. Because of this, we needed to be part of the animal welfare conversation today.

By working closely with one of the largest, and more reasonable, animal advocacy groups, HSUS, we were able to craft a bill that would give us control over our own destiny and keep locally produced, farm fresh eggs accessible to Coloradans. HB 20-1343 was the result of both common-sense and compromise that offered Colorado egg producers a regulatory environment grounded in sound animal care standards the industry is already following and on a time-line that would allow us to secure the needed capital and transition to cage free production over the next few years.

This cage free law will regulate both the production and the sale of eggs in Colorado providing an equal application of the law, and oversight will be provided under the inspection procedures the Colorado Department of Ag is already performing. Although a few cents more per egg to produce, this new set of standards is the best path forward for our egg farmers, our consumers and our animals.

Jerry Wilkins, Sales and Marketing Director and Proud Egg Producer, Morning Fresh Farms, Inc.

Colorado Pork Producers

Pork Producers all across the U.S. have devoted their entire pork production to doing what is best for People, Pigs, and the Planet. It is demonstrated by decades of efforts to reduce our carbon footprint, and protect animal health, thus guaranteeing a safe and abundant food supply for people all over the world at the same time. It is difficult for us to grasp, when fringe groups who do not represent the good will of the American and world food needs, press forward with legislation built upon warm fuzzy words and not based upon human or animal welfare standards, at all. We are disappointed in the 9th circuit court's decision to not allow the pork industry's challenge to California's Prop 12 to stand, and are evaluating our options from here. What we do know is, fringe groups operating within the state of California are making it difficult for residents of this great state to buy bacon through Prop 12. I can't understand why anyone would want to live in such a state but as pork producers we understand that it is harmful for pork production all across the United States and is probably in violation of the interstate commerce clause. We are encouraged, however, that the recent attempts of the Pause Act here in Colorado were ruled ineligible to proceed and will fight any further misguided efforts to protect the welfare of everyone who eats in this great

Joyce Kelly, Executive Director, Colorado pork Producers Council

Colorado's Cage Free Egg Law [ed note, requires cage free chickens by 2025, 149 square inches of space vs. 67 sq inches caged chickens]

HB 1343 is the result of many months of constructive dialog and compromise between the Colorado egg industry and the country's largest animal advocacy group, the Humane Society of the United States. Without egg farmers being part of this conversation, policy would have been written into law that would not have been aligned with our production standards and animal husbandry principles and placed on a timeline to compliance that would be both physically and financially unattainable as a family farm and as an industry.

Here is what 1343 does:

Phase-in allows farmers to convert or retrofit housing systems over a reasonable time period.

Effective date for cage free in Colorado is consistent with what over 200 food companies are requiring of their egg suppliers by the middle of this decade.

Offers equal application of the law for any commercial egg producer or business operating in the state.

Verification is seamless for the Colorado Department of Ag, as it will piggy-back with licensing and inspection protocols in place under the State's egg law.

Ensures a thriving egg industry in Colorado for years to come as HSUS has committed (in writing) to never seek any future confinement legislation or initiative in Colorado if this bill passes. Furthermore, World Animal Protection, the group that has brought the threat of Initiative 314 to the state which would negatively impact all of animal ag has promised to withdraw their petition.

What 1343 does not do:

Small egg producers and small business owners, "cottage" entities, are EXEMPT from the law.

Deadline For The September-October 2021 Issue Of *The Colorado Granger* Is February 15, 2021.

Larry Corman takes care of the web page for the State Grange. He is requesting that Officers and Directors contact him with updates for their departments.

He would like to link the web page of each Grange to the State Grange site. Please contact him to have this done so Grange members and others can easily access your page for informa-

Larry Corman: larry_corman@hot mail.com or 970-884-4762.

La Plata

Archuleta and La Plata Counties, CO

Contact Larry Corman, Larry_ Corman@hotmail.com, or 970-884-4762 for further information.

September 18 — Exhibit Day.

La Plata Pomona is in the midst of wrapping up their annual La Plata County Fair Kitchen work (fundraiser). Thanks to our worthy State Master, Cindy Greer, we are able to fund many projects from the profit of this work. She (and Harry) put in many long hours to make this function successful. Thanks to all of the volunteers from Animas Valley, Florida, Marvel, and Mt. Allison along with paid employees, we are able to raise enough funds to support State Session delegates, members that wish to travel to various Grange functions (e.g., Mt. Plains, National Session, etc.).

One of the activities that benefits from this fundraiser is the La Plata Pomona Exhibit Day. This year, Exhibit Day will be held on September 18 at the Florida Grange Hall. The schedule that day is:

- Entries taken from 10:30 a.m.-12 p.m.
- Planning Meeting 5 p.m.
- Potluck supper 6 p.m.

If you are interested in entering exhibits for Exhibit Day, please look at your handbook that you received earlier this year or going online to: www.coloradogrange.org/hand book/2021/2021-Handbook.pdf.

Larry Corman

Marvel

Contact Cindy Greer, 970-588-3386 or hcrdgreer@frontier.net, for further information.

October 1 — Business meeting

October 15 — To Be Decided. October 30 — Community Breakfast 8-10 a.m.

November 5 — Business Meeting 7:30 p.m.

November 19 — TBD.

July 10, we held an Ice Cream Social honoring veterans. We had approximately 96 in attendance and presented Paul Wainwright with a Ouilt of Valor.

Mondays the Hall has been used for Line dancing classes and on Wednesdays for Clogging classes.

Our community Breakfast on July 31 also had 95 in attendance. It was nice to see people getting out in public again.

In August we helped with the Pomona Grange concession stand and provided brochures for the booth and participated in the Pomona Picnic. Thank you to June Spriggs, Kathy Hogan, Sandy Valencia, Roger & Sheryl Ayers, Harry & Cindy Greer for their work at the fair.

Congratulations to our Junior Grange members who are also 4-H members for their projects and awards at the county fair.

Congratulations to Roger and Sheryl Ayers, who celebrated their



Marvel Grange hosted an Ice Cream Social honoring veterans in July.



Paul and Pat Wainwright, after Quilt of Honor presentation to Paul.

50th wedding anniversary. Several Grangers went to the Bar D Chuckwagon for dinner in June.

In August the Grange Hall hosted a community meeting for the Marvel Cemetery Association.

In August we participated in the Pomona Picnic.

We passed three resolutions to send to the State Grange convention and reelected all officers.

Cindy Greer

Marvel JG

Contact Cindy Greer, 970-588-3386, for further information.

Larry Corman and Dean Hiner our Saturday morning cooks at the

We served a lunch of Yamaset, green beans, rolls, ice cream, and beverages to the Senior Citizens on

We met in August to practice line dancing and to finish our Grow proj-

Cindy Greer

Mt. Allison

Contact Larry Corman, Larry_ Corman@hotmail.com, or 970-884-4762 for further information.

September business meeting — To Be Announced.

September 18 — Exhibit Day (see the La Plata Pomona article). September 21 Shares food distribution.

September 23-25 — State Session in Durango.

October 18 @ 7 p.m. — business meeting.

October 19 — Pine River Shares food distribution.

Mt. Allison is slowly getting back into "business" after a long COVID shutdown and other issues. We have been staying busy helping Pine River Shares with their food distribution on the 3rd Tuesday of each month. We've also been renting our hall for various community functions.

We just finished helping at the La Plata County Fair kitchen for La Plata Pomona. Thanks to Karen

Baxter, Yvonne Chapman, Norma Conley, and Brad Corman for their help. It's Pomona's big fundraiser and enables the Pomona members to get financial support for travel for Grange activities. It also funds the prizes that we give out at Pomona's Exhibit Day.

Larry Corman

Colorado State Grange Website

Progressive Arapahoe, Denver, Douglas & Elbert Counties

Contact Judy Harrison, gsjjhar rison@comcast.net, 303-598-4330, for further information.

Progressive Pomona is starting to meet again! We will be meeting September 11 at 12 p.m. at Castlewood Grange Hall. The business meeting will follow a potluck lunch. It will be great seeing each other again. Please bring your resolutions to this meeting. Will be meeting again in December on the 4th at Garden Home.

Judy Harrison



Margaret at the Douglas County Fair.



New Member Eugenia Thomas with Margaret and Harvey.

Sunflower Grange

Contact Cherry Ellis, sunflower grange162@yahoo.com for further information.

The Grange 9th Annual Heirloom Tomato and Plant Sale was held at BMan's BBQ (thank you, Roxann and Brian) Memorial Day weekend. Each year we try to collect data to help guide future sales. This year's numbers: 20+ growers, some who delivered plants the day of the sale; more than 30 others helped set up, sell, and distribute left-over plants; at least 1,200 plants (we lost count) came to the sale; 60 varieties of tomatoes; cost of supplies and handout about \$600; income from the sale \$2,678; leftover plants given to six organizations. The DC Aggies 4-H made \$278. Sedalia Museum held its own sale and made \$700+. We're hoping to collaborate with other organizations for an All-Sedalia Plant Sale for 2022.

Sunflower Granger in September. In July, we thanked the volunteer plant growers and helpers with a potluck at Indian Creek Clubhouse in July featuring BMan's BBQ as the main course. For July 4, Grangers Margaret, Nena, and Kay made ice cream and provided crafts for kids at Sedalia Museum's traditional Ice Cream Social. Margaret distributed the Declaration of Independence, pins, and flags from DAR and Grange.

In June, we were honored to have

Colorado State Grange Secretary

Renee Caldwell attend our meeting.

She has been very supportive and

helpful in our reorganization of Sun-

flower Grange, particularly by pub-

lishing our articles and photos in the

bi-monthly Granger. She also signed

and presented the new Charter for

Sunflower Grange, officially reopen-

ing our Grange. Thank you, Renee.

We enjoyed your visit and will stay in

Welcome to Billy Moore and Euge-

nia Thomas who joined Sunflower

Grange, and to Augustus Ellis and

Wesley Watts who turned 14 and be-

came adult Grange members. With Eu-

genia, we will also have our first baby

The Remarkable Ladies book club concludes with Volume 6; we have learned a great deal about Sedalia's past and the people who created and maintained the town. Chet Hier has written a book on the history of Bud's Bar that might require us to continue reading and have one more discussion at Bud's. Chet's book signing at Bud's was a great musical event.

August 8, an All-Ellis crew (Bill, Margaret, grandson Augustus, Dick, and Cherry) had a table at the DC Fair with Douglas County Historical. Our D C Aggies 4-H group — Wesley, Gavin, Arianna, and Izabella - won ribbons for their goats, rockets, robotics, and archery. Ghislaine Griswold was at the Master Gardener booth for the Fair, and she is at every Farmer's Market giving out helpful information for local growers.



Chet Hier at Bud's Bar in Sedalia. Chet signed copies of his book outside the bar at a music event.



Wellspring sent a thank you for the tomato plants. Elections were held at our August 14 meeting, with a few changes: Cherie Stephens will serve as Secretary, Margaret Ellis as Overseer, Meghan Watts as Executive Committee member; Nena Robbins moved from

Margaret Ellis organized the local Christmas Card Project. A request on Next Door for cards, yielded hundreds. One family donated over 100 cards that their kids had signed. So far,

Margaret estimates we'll send 640

Lecturer to Membership Co-Chair.

Congratulations and thank you all for

helping Sunflower get organized for

the second 100 years!

cards from our Grange. September 11 we'll have the 9th Annual Tomato Tasting, time and place to be determined. We always worry there'll be only green ones to taste, but Nature usually cooperates.

ing so we know which do well here, and those are the seeds we save to grow next year's seed swap and plants. Write a tomato/vegetable poem Haiku, limerick, Ode to Brandywine-and come read it to the attendees!

For October 5, Hugh Maclennan scheduled a tour of Cherokee Castle at 10 am and requested Tweet's former butler as our tour guide for his knowledge and great stories. Join us on the tour by signing up on Cherokee Castle's website. Be sure to ask for the October 5 tour at 10am.

Later in October we'll enjoy Bigfoot Story Night, and the "first Friday after the first frost" pumpkin growers will compete for bragging rights at Bud's Bar's Pumpkin Weigh-in to see if anyone can defeat Billy Moore, the long-standing champ.

Cherry Ellis



Master Gardener Ghislaine at the sale.



Linda helping customers at the Tomato and Plant Sale

Ute Mountain
Dolores and Montezuma Counties

Mount Lookout

Contact Katheryn Fulton, kes tralfarm@gmail.com, for further information.

4th Tuesdays — MLG Board meets 5:30 p.m. @ MLG.

Every Monday — Mancos Food-Share distribution.

Second Sundays at 5:30 p.m. — Community Dinner at MLG.

Mount Lookout Grange is Back! ...Well, at least for now. We are cautiously optimistic that resuming our rental building member benefits and our Community Dinners will be able to continue after a long, 18 month hiatus. We are all responsible for the success of our Grange and are committed to doing everything we can to keep our members safe and healthy, while being able to enjoy communing with our dear friends. To this end, we anticipate following CDC and local

health department guidelines.

Our annual fall fundraiser is planned for September 18 and will be held in our outdoor space (as always). We are excited to offer locally sourced food and beverages along with a wildly popular local band, The Lawn Chair Kings. As in past years, we expect and hope for a good turnout, especially since we missed last year due to Covid. It will be so nice to see our neighbors again! For further details, please pull up our website and/or Facebook page.

MLG is sending two of our board members, Patricia Burk and JB Crow, to the Colorado State Grange Annual Convention and we look forward to hearing about and being inspired by all of the State activities, past, present and future.

Officer and board member elections are upon us, and we are always looking for new, interested and committed board members. Please consider serving!!

Katheryn Fulton



Gavin Grand Champion in **Dairy goat Junior** showmanship. With his goat Peaches who took third in the senior non dairy class.

Wesley 5th in intermediate dairy goat showmanship. His goat Meechee got Grand Champion in the senior non dairy class.



Wesley 1st in unit 1 rocket. Gavin 2nd in unit 2 rocket.



Gavin Grand Champion in unit robots on the move.



Arianna and Izabella at the archery shoot. They got 4th & 5th places.

Darden Jefferson County

Contact Idella Lewis, idellam lewis@gmail.com, 303-233-3393, for further information.

The annual Darden Pomona Grange Picnic was hosted by Pleasant Park Grange in Conifer on Saturday, August 14. Grangers attending were from Pleasant Park, Enterprise, Maple Grove, and Wheat Ridge Granges. It was a gorgeous day in the mountains! We had a full array of picnic food!

Following the picnic lunch everyone went outside to listen to the music provided by a local bluegrass band and a game was played. The ladies took turns throwing a soft ball. Whoever threw it the farthest was declared the winner and prizes were awarded.

A door prize drawing was held and the lucky winners were able to choose their own special gift from a table full of wonderful prizes.

Thank you to Pleasant Park Grange for hosting such a special day! Idella Lewis

Enterprise

Contact Carol Lackey, carollac keyhomes@gmail.com, 303-521-4477, for further information.

Wednesday, September 8, 2021 - 6:30 p.m. Potluck with Meeting to follow. Potluck will be a regular potluck but we will also have vegetables and some desserts from vegetables grown in our Community Garden Project. We will discuss preparations for the State Grange Convention and plan our 2021-2022 Grange year. We will decide on any future outings that may interest the group. Come with your ideas.

Wednesday, October 6, 2021 — 6:30 p.m. Potluck with Meeting to follow. We will discuss plans for the upcoming chili dinner, our winter community service projects, the Thanksgiving and Christmas Dinners. The delegates to the State Grange Convention will update the members on the outcomes of the convention.

Sunday, October 24, 2021 from 5 to 7 p.m. — Annual Chili **Dinner. ALL YOU CAN EAT!**

Location: Enterprise Grange Building, 7203 Simms Street, NW Corner of 72nd Avenue and Simms Street in Arvada.

Serving: Chili — Meat and Bean, Green and Red, in all temperatures from mild to HOT.

Also available: Corn Bread, Hot Dogs, Chili Cheese Dogs, Chips, Dessert, soft drinks, and coffee with each meal. Live music.

Cost: Adults — \$10, Children 5 to 12 — \$5, Children Under 5 eat free. Live music will be provided this

Tickets can be obtained from any member of the Enterprise Grange or by calling Dorothy Dannels at 303-425-0111 or Carol Lackey at 303-521-4477. All proceeds benefit our Holiday Senior Stocking Projects. Pre-purchased tickets are not necessary, just easier for planning purposes. Join us if you can! There's always

plenty for everyone. Wednesday, November 10, 2021 - Thanksgiving potluck at 6:30 p.m. Carin' Clinic and Shannon's Hope clients (if available) will join us



Perfect weather for the Pomona Picnic held at Pleasant Park Grange.

potluck with turkey and all the trimmings. Turkey, potatoes and gravy, beverages, and desserts are provided by the Grange. Attendees bring a small dish to share.

We decided to cancel our meetings this year for June and July.

In August, we went all out and provided a BBO for our meeting in lieu of a picnic. Leonard Dannels brought his portable grill. The Grange provided the main dish; brats, hot dogs, and hamburgers that Leonard cooked to perfection. Everyone else pitched in with sides. The meeting in August was a little bit chaotic. I think it might have been that everyone was excited about being back together after the long summer hiatus. We did accomplish choosing our delegates for State and completing our elections for the 2021/2022 year. Muriel Frink sent flowers as a thank you for her 100th Year Birthday Celebration. Every member took two or three for their own take home bouquet.

Carol Lackey

Maple Grove

Contact Idella Lewis, idellam lewis@gmail.com, 303-233-3393, for further information.

September 1 — Wednesday Meeting at 1 p.m.

The annual Maple Grove Picnic was held at the home of Marlys Halbeisen in August. We had a lovely picnic on the patio with an array of good food. We had a guest in attendance, Betty Jo Page, who was the recipient of the Darden Pomona Community Service Award.

Congratulations to two from Maple Grove Grange who received scholarships from The Colorado State Grange. Halina Halbeisen will be attending The University of Colorado in Colorado Springs, and Nathan Lane will be attending the Colorado School of Mines in Golden.

Several items of business were on the agenda following the picnic. It was decided to meet at 1 p.m. on Wednesdays rather than the usual meeting time on Thursday evenings.

We are hoping to find someone to cut the weeds along the fence and in the parking lot. The weeds grew out of control with the rains we had earlier in the spring.

Discussion was held on the future of the property of SCL (Lutheran Hospital) when they move to a new location at Clear Creek Crossing. Commu-

Wheat Ridge

Contact Vivian Vos, vlvos@ya hoo.com, 720-217-1340, for further information.

September 9, Thursday, 6:30 p.m., Regular Business Meeting.

September 11, Saturday, 10 a.m.-2 p.m., Second Saturday Sale at the Grange — Vendors.

September 11, WR Criterium bike race in front of the Grange building. October 14, Thursday, 6:30 p.m.,

Regular Business Meeting and Grange Benefit Chili Cook-Off.

October 16, Saturday, 10 a.m.-2 p.m., Second Saturday Sale at the Grange — Vendors.

Activities since the last Granger: July 10 was a Garden Party Tea for 50 ticket holders in the Grange hall. This was a grand time. The event was a fundraiser and exposure for our

August 12 was the Mayor's reception for kickoff to the WR Carnation Festival where the Countess, Count and Grand Marshall were announced. Three Grangers attended this citywide event.

August 12 was Grange meeting to discuss the pancake breakfast of August 14, 7 a.m. to 9:30 a.m. prior to the parade of the Carnation Festival. There will be information on the Grange throughout the hall.

August 14 annual pancake breakfast for WR Carnation festival August 13-15.

Several Grangers are still attending to the Community garden at the elementary school across from the Grange hall. Pumpkins in the patch!!!!!!

Vivian Vos

Pleasant Park

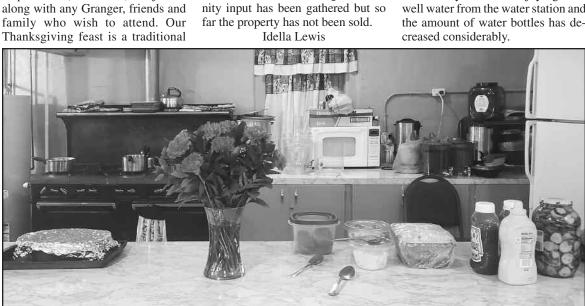
Contact Yvonne Ludwig, Master, **303-838-4805**, for information.

September 11 — Regular meeting 10 a.m. followed with potluck. October 9 — Regular meeting 10 a. m. followed with potluck.

November 13 — Regular meeting 10 a. m. followed by Thanksgiving

The Pomona Picnic was a huge success and the weather was perfect. Thank you to all the Grangers who attended from other Granges and Idella for the beautiful flowers. Local musicians provided music and there was a lot of fun, food and fellowship.

The bicyclists are enjoying cold well water from the water station and the amount of water bottles has de-



Muriel Frink sent flowers as a thank you for her 100th Year Birthday Celebration.



Over 6,100 Christmas Cards for Soldiers ready to go from Pleasant Park; Marlys Halbeisen, Laura Anderson, Julie Olson, and Yvonne Ludwig.



at Pleasant Park Grange.

We donated \$200 worth of school supplies to the Mountain Resource Center for the less fortunate children in our area.

We are having a Pancake Breakfast on August 28 as a way to invite local neighbors into the Grange.

The Christmas in July party was a lot of fun. We exchanged white elephant gifts and shared a breakfast brunch. We also celebrated Bob Kuehster's 95th birthday that day.

Christmas Cards for Soldiers project. We sent over 6,100 cards home with Marlys and are still working on them. A special thank you to Julie Olson and Laura Anderson who signed the majority of the cards!

We feel blessed that none of our members have contacted COVID. We will continue to use safe measures at all our meetings.

We wish Larry Bonomo a speedy recovery after a recent surgery.

Everyone is welcome to attend our meeting. It is so good to be meeting face to face again!

Yvonne Ludwig

Golden Gate

Contact Terri Costeldia, President, 303-277-0351, terricosteldi@ hotmail.com, for further informa-

Grange Meeting — Thursday, September 2, 3:30-4:30 p.m.

Recognition Event — Sunday, September 12, 2 p.m. Line Dancing Class — Fridays,

September 10 and 24, 7-9 p.m. Grange Meeting — Thursday,

October 7, 3:30-4:30 p.m. Line Dancing — October 8 and 22, 7-9 p.m.

Halloween Trunk or Treat Event for Kids — Sunday, October 31, 5

Grange Meeting — November 4, 3:30-4:30 p.m. Holiday Craft Fair — November 6, 9 a.m. to 4 p.m.

Line Dancing — November 12 and 26, 7-9 p.m. Yoga at the Grange — Wednes-

days, 3-4 p.m. We are now holding our Grange

Meetings in person on the first Thursday of the month at 3:30 p.m.

On September 12 we will hold our Recognition Event. Since we couldn't hold the event last year this will be a double celebration for 2020 and 2021 honorees. Our 2020 Granger of the Year, Natalie Mozer, who, sadly, passed away last year, and Non-Granger of the Year, Gerrit Verschuur, will be honored. For 2021 our Granger of the Year is Gale Baughman and Non-Granger of the Year is Steve Schaffer representing the Schaffer/ Meyer family and Meyer's Hardware. Please join us to show our thanks to all our honorees. We will also be celebrating the 80th Anniversary of the Golden Gate Grange's formation as a chartered Grange (August 5, 1940), albeit a year late!

We will host a Trunk and Treat Event at the Golden Gate Grange on Halloween. Folks can bring Halloween candy to our parking lot and kids will be able to Trick or Treat outdoors from one car to the other. This was done last year and kids and parents felt it was a safe and fun way to celebrate the day!

The Holiday Craft Fair will be held on Saturday, November 6, from 9 a.m. to 4 p.m. Our canyon and Grange has many wonderful artisans and crafters. Most of our most sought-after vendors are back and we have some exciting new ones! Keep an eye on our Facebook page and our website for a sneak peak of their crafts later this Fall.

Yoga has returned to the Grange on Wednesdays, 3-4 p.m. New participants are always welcomed! Thanks to Judy Madison for keeping our Yoga



Terri Costeldia, DeeDee Ramstetter, and GGFPD First Responders at Slash Event.



Slash collected at Golden Gate Grange.

practice alive during the pandemic and to Susan Vincent who conducts the class when Judy is unavailable.

Lori Niquette holds Line Dancing Classes on the 2nd and 4th Friday of each month from 7 to 9 p.m. Lori makes the classes fun and keeps everyone up on the latest steps. The cost of class is \$5 for Grange members and \$7 for non-Grangers.

With the generous help from many Golden Gate Grange members, we raised enough funds to purchase a storage container which will help immensely to alleviate the need for more space to hold tables, chairs and other materials in our Grange. Thanks to Rich Phillips who scoured the local sources to find the right container at the most reasonable price! Terri and Bobby Costeldia will be laying the concrete footings for the container and the area between the container and the back door of the Grange.

The Slash Event at the Grange accomplished a critical public service thanks to the efforts of Jeffco, the volunteers of the Golden Gate Fire Protection District and the Golden Gate Auxiliary, Golden Gate Grange Members, and those members of the community who cleared slash from their properties. Over 90 cubic yards were collected, chipped, and removed from the Canyon. The Golden Gate Grange

site removed more slash per capita than any other area in the county.

Our Annual Rummage Sale was a great success thanks to the hard work of event organizer and manager, DeeDee Ramstetter, with great backup from Rich Phillips and Terri Costeldia. Thanks to Gale Baughman for once again manning the kitchen and to Mitzi and Tera Wineland for hauling off a horse trailer full of unsold items to a local charity. Others who helped and deserve great thanks with this huge undertaking include Kim Trost, Susan Vincent, Deb Curley, Thirza Kennedy, Elle Phillips, Merle Sache, Nancy Baughman, Barb Bankovich, Sandy Stone, Roberta Davis, Jeanne Hostetler, Janet and Dave Primmer, Pat Tindell, Jayne Ruesch, and Susan Tindell. Thank you to all who donated articles for the sale and those who shopped!

Welcome to our new members: Dave Kinnard, Preston Bohl, Gina Soriya, and Logan Lacelle!

Website: www.GoldenGateGrange .com/Facebook: Golden Gate Canyon Community/Grange phone: 303-273-9516. For Grange Rentals contact DeeDee Ramstetter 303-273-9516 (leave a message) or email at dkmhh1 @gmail.com.

> Jayne Ruesch jayruesch@aol.com

THE GRANGE BUILDS

People — by recognizing leadership abilities and encouraging individual talents.

The Family — by offering a family oriented environment and emphasizing family values.

The Community — by working together in a team spirit, providing service and community outreach.

The State — by encouraging "grass-roots action" and leadership in the State Legislature.

The Nation — by providing members a voice in the nation's capital.

Pikes Peak

El Paso and Teller Counties

Florissant

Contact Renee Caldwell, 719-748-5004, florissantgrange@gmail .com, for further information.

Be Sure To Join Us For These **Upcoming Events:**

September TBD — Basket Class/ Gourd Class/Felting Class.

October 30 — Annual Halloween Party from 1-3. We are planning a haunted house, maze and costume

In July we had another successful month with Harvest Host. Our three camp spaces were full and the gift shop was a great hit. August has slowed down a little, but we have still had at least four nights with many campers and great fun in the gift shop.

In July we held our monthly craft class and in August we held two different craft classes because of popular demand.

Heritage Day on July 31 was successful again this year even though we didn't have a lot of time to plan for the event since we weren't sure of COVID restrictions. But we had many crafters and venders and ice cream outside, and inside we had the Western Music Association putting on a show. Many community members came out to enjoy the fun. The entire Community had many events and it was fun community event.

Our Thursday evening Potluck and



Band playing at Florissant Grange's Thursday Potluck.



Thursday Potluck at Florissant Grange.

Music event has really picked up since COVID restrictions have lifted. People are coming and bringing wonderful dishes and enjoying the music. Renee Caldwell



Grangers dancing to live music at the potluck.



Felting Class — real dog and felted dog.

Drug Deactivation: A Solution to an Epidemic



The Office of National Drug Control Policy (ONDCP) now recognizes in-home drug deactivation systems as a safe and environmentally responsible way to dispose of unwanted pharmaceuticals.



480 million pain-related prescriptions were written in 2014



Every day, 2,500 American kids abuse a prescription drug for the first time



3 of 4 people

reported that their first opioid was a prescription drug

46 people

each day die from an overdose of prescription painkillers in the U.S.



Benefits of the Deterra® System

- Proprietary activated carbon technology renders drugs non-retrievable
- Reduces medical emergencies due to misuse or accidental usage
- · Renders pharmaceutical compounds safe for landfills
- · Environmentally friendly materials
- · Safe, effective, affordable

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entative State Grange Convention Agenda

148th State Session of the **COLORADO STATE GRANGE Program**

All State Session Meetings and Exhibits will be held at the Durango Masonic Temple, 421 Turner Drive, Durango, CO.

All meetings of the State Session of the Colorado State Grange will be held in the Fourth Degree and members of any Grange in any state may attend.

Delegates must present their credential cards if the Secretary of their Grange has not already mailed them to the Secretary of the Colorado State Grange prior to the opening of the State Session.

> Pianist: Ruth Wilson Francisco Photographer: Christopher Cleary

WEDNESDAY, September 22, 2021

4:00 P.M.

Set up for meeting.

6:00 PM

Officers and Directors Dinner.

Sixth Degree Practice, State Officers.

Practice for Memorial Service to follow.

THURSDAY, September 23, 2021

9:30 A.M.

Registration.

Check-in time for Lecturer, Family & Women's Activities, Junior Grange Contest Entries for judging.

9:45-10:00 A.M.

State Session Committee Chairmen meet with the State Master.

We are looking forward to having an in-person Convention this year in Durango. The State Officers and Directors will arrive on Wednesday, September 22, to set up the building and practice the opening and closing and the Sixth Degree. We are going to try something different this year by presenting the Sixth Degree on Saturday afternoon. We hope that more people will be able

We have invited the National Grange Lady Assistant Steward, Karen Overstreet, from Texas, to be our National Representative.

On Thursday after the Memorial Service, we will have an Ice Cream Social and table games for fun and fellowship. Granges who have had members who served as delegates, state officers, or directors that have passed away, need to send in information to the State Chaplain in order for her to be able to recognize these individuals at the memorial service.

This is a full election year for officers. As some of you may already know our State Lecturer and Assistant Steward will be moving later this year to Hawaii. There are no other officers who have reached their term limit this goround.

We hope that you are working on Resolutions on issues that concern you that the Grange can support. Please try to get your resolutions in to the State Office by early September. We would like to be able to send them out to delegates, but we can't do that if we don't have them. Which means that each Grange needs to select their delegates and get the credentials card and committee selections in as early as possible. Only Granges who have paid their dues through the second quarter are entitled to have delegates. We need to assign committees and can't do that if we don't know who the delegates are. Of course financial assistance to your delegates from your Grange is highly encouraged.

The State Convention is a great time to share ideas with other Granges across the state if one takes advantage of the opportunity. Individuals who are not delegates are welcome to attend any part of the Convention. You will need to have the Fourth Degree password for the business meetings. The Lecturer is planning a Mardi Gras celebration on Friday evening with salad and pizza as awards for the year are presented from the Lecturers program, Family Activities, Mandy Project, Community Service, and Publicity. Everyone is welcome!

The Alumni Breakfast and Past Master's Breakfast will be catered by PICK. Thursday afternoon opening is in the Sixth Degree, so only Sixth Degree members are allowed in until the Grange is lowered to the Fourth Degree. The membership lunch on Friday will be served by the Eastern Star.

Saturday evening is the Final Banquet and will be catered by the Mt. Allison Grange. We hope to honor several veterans with Quilts of Valor, Honor an Outstanding Granger (if we get any nominations), and have a Talent Show at which one will be selected to attend the National Convention to participate in the Evening of Excellence.

We have a lot of fun and hope you will join us.

Hotels Near Masonic Lodge in Durango

LaQuinta Inn & Suites by Wyndham Durango, 125 Mercury Village Dr., Durango, CO 81303. 970-259-8400

Super 8 by Wyndham Durango, 20 Stewart St., Durango, CO 81303. 970-259-0590

Homewood Suites by Hilton, 15 Girard St., Durango, CO 81303. 970-259-2996

SpringHill Suites by Marriott Durango, 77 Mercury Village Dr., Durango, CO 81301, 970-822-8777 Comfort Inn & Suites, 455 S. Camino Del Rio, Durango, CO 81303.

970-259-7900 Sleep Inn, 1260 Escalante Dr., Building A, Durango, CO 81303. 970-403-1350

New Delegates meet with State Master.

10:30 A.M.

All State Session Delegates work on Resolutions.

11:45 A.M. — Recess for Lunch.

12:00 P.M. - Lunch

1:15 P.M.

Opening of the Colorado State Grange in full form in the Sixth Degree.

Lowering to the Fourth Degree.

Receiving Honored Guests.

Roll Call of Officers/Directors.

Communications.

Adopting Convention Agenda.

Partial Report of Credentials Committee

Annual Address by State Master Cindy Greer. Report of Treasurer and Secretary.

Report of Executive Committee Chairman.

Preliminary Report of Good of the Order.

Report of Grange Museum.

Report of Leadership and Scholarship Foundation.

Committee Reports.

Report of Lobbyist and Ag Committee.

Guest Speaker, National Representative — National L.A.S. Karen Overstreet. National Convention 2021 discussion. Family and Women's Activities Bake Sale.

7:00 P.M.

Memorial Service under the direction of State Chaplain Loeda Westphal.

ICE CREAM SOCIAL

Following Memorial Service along with Table games.

FRIDAY, September 24, 2021

6:45 A.M.

Colorado State Grange Alumni Breakfast Marlys Halbeisen presiding.

8:45 A.M.

Open the Grange in the Fourth Degree. Report of Credentials Committee. Election of Officers.

Continuation of Committee Reports.

11:00 A.M.

Guest Speaker.

11:45 A.M.

Recess for Lunch.

No. of Tieleste

12:00 P.M.

Membership Lunch — Catered by Easter Star. Dominick Breton presiding.

Reconvene Session.

Report of Grange Insurance Association,

Tom McKern.

Continuation of Committee Reports.

Mardi Gras Theme Grange Gala (Pizza and Salad)

8:30 P.M. (Or ASAP following Gala)

Annual Meeting of PICK.

Everyone invited.

SATURDAY, September 25, 2021

6:45 A.M.

Colorado State Grange Past Masters Breakfast Tom Campion presiding.

8:45 A.M.

Junior and Youth Officers Open the Grange. Continuation of Committee Reports. Spotlight on Grange -

10:00 A.M.

Installation of Officers.

JG Lunch

Dan and Jenna Greer presiding.

Short Form 5th Degree by La Plata Pomona. Grange #10.

2:00 P.M.

Sixth Degree conferred by State Grange Officers.

Close the Grange in full form in the Fourth Degree.

Annual Banquet of Colorado State Grange. Executive Committee Chairman Tom Campion presiding. Presentation of Outstanding Granger. Presentation of Quilts of Valor. Talent Showcase.

7:15 P.M.

Raffle Drawing

Fifth Degree Fee	\$1.00
Sixth Degree Fee	\$5.00
(Purchase tickets from State Secretary)	

Lecturers, Family & Women's Activities, and Junior Grange Exhibits will be on display throughout the Convention.

RESERVATIONS FOR MEAL FUNCTIONS FOR STATE SESSION Deadline For Ticket Orders: Monday, September 19, 2021.

Fill in the number of tickets you are ordering. Include a check made out to: Colorado State Grange. Mail to: Colorado State Grange, 2009 CR 31, Florissant, CO 80816. Pre-paid tickets will be at the Registration Table. Include reservations for the breakfasts.

No. of Tickets	Meal Function		Total
	umni Breakfast — Fri., Sept. 24, 6:45 a.m. or Past State Officers and Directors & Spouses	@ \$10.00	
	nnch — Fri., Sept. 24, 11:45 a.m. • Served by Easter veryone invited	n Star @ \$12.00 (10 & under) @ \$6.00	
	ast Masters Breakfast — Sat., Sept. 25, 6:45 a.m. or Past Masters & Spouses	@ \$10.00	
	& Lunch — Sat., Sept. 25, Noon veryone invited	@ \$10.00 (13 & under) @ \$5.00	
	nnual Banquet — Sat., Sept. 25, 6 p.m. veryone invited	@ \$20.00 (13 & under) @ \$10.00	
		Total Enclosed: \$	

Name:

The meal prices are being supplemented by a donation from GIA.

Both Alumni Breakfast and Past Master's Breakfast will be as follows:

Scrambled Eggs, Tortillas, Cheese, Salsa, Sausage, Fruit, Orange Juice And Tea Or Coffee Scrambled Eggs, Muffins, Sausage, Fruit, Orange Juice, Tea Or Coffee

JG Lunch menu is a follows:

Potato Bar

Membership Lunch menu is as follows:

Cold Cuts For Sandwhiches, Salad, Beverages And Dessert Annual Banquet Menu is as follows:

Chicken Marsales Or Roast Beef, Scalloped Potatoes, Green Beans, Salad, Dinner Rolls, Dessert Coffee, Tea, Water