

The Colorado Granger

OFFICIAL PUBLICATION OF THE COLORADO STATE GRANGE

WWW.COLORADOGRANGE.ORG

THE COLORADO GRANGER, MARCH-APRIL 2024

VOLUME 99, NUMBER 6

THIS MAY BE YOUR LAST ISSUE!

LAST CHANCE – The Colorado Granger OPT IN Form

Deadline for submission is APRIL 1, 2024.

The delegates at the state convention passed a resolution requiring all members/households to OPT IN to receive *The Colorado Granger* bimonthly publication. You have a choice of receiving it either via USPS in paper format or via e-mail. Please choose your preference below and provide the information needed. If you forgot or did not receive the January issue of the paper this is your last chance. **Don't put it off today because you might forget tomorrow. Thank you to those who have already responded, you do not need to respond again.**

Check one please

_____ I (We) prefer to receive the Colorado Granger in **paper format**.

_____ I (We) prefer to receive the Colorado Granger **via e-mail**.

Your personal information (we want to be sure that we have your correct information)

Grange _____ # _____

Name _____

Mailing address _____

City _____ State _____ Zip Code _____

Email address _____

Please return this form to Colorado State Grange, 7629 County Road 100, Hesperus, CO 81326, or email the information to costategrange@gmail.com.

Deadline for submission is APRIL 1, 2024.

If you do not respond we will assume that you are not interested in receiving *The Colorado Granger*.

Great Plains Regional Leaders Conference

Oklahoma will be hosting the Great Plains Regional Leaders Conference July 12-14, 2024, at the Claremore Conference Center, Holiday Inn Express, 1400 Country Club Road, Claremore, Ok 74017, 918-283-4877. Room Rates are \$92, Double or King.

The Registration form is due June 1, 2024, to the Oklahoma State Grange. The hotel provides a free continental breakfast. Oklahoma is planning Friday evening dinner, Saturday Lunch, and Saturday Dinner, which is included in the registration fee.

If you arrive early or extend your

stay, there are several local attractions you might want to take in such as: Will Rogers Memorial Museum, Will Rogers Birthplace Ranch, or J.M Davis Arms and Historical Museum. Each state has been asked to provide a workshop and there will be a basket weaving workshop on Saturday afternoon. Several Minute to Win It games are planned (If you don't remember the show, you can look it up on You-tube).

This conference is a great way to connect with Grangers from Kansas, Oklahoma, Texas, Colorado, and

Nebraska. In the past the Youth and Junior Public Speaking and Sign A Song contests have been held at the Regional contests. With the changes in leadership at the National Level and the development of Teams for these departments we are unclear how these things will be handled, but in time I'm sure that we will all learn what is to come.

Please send money and Registration form (on Page 8) to:
Billy Shufeldt (918)842-0242
6399 NS 413 RD
S Coffeyville, Ok 74072

— In Memoriam —

Karen Ann (Welch) Bohn
 August 15, 1935 –
 February 23, 2024

Karen Ann (Welch) Bohn was born August 15, 1935, in Kansas, and was raised in the Amarillo, Texas area. She met/married the love of her life, Billy James (BJ) Bohn. They moved due to his work but settled in Pagosa Springs in the early 1960s. His work later brought him to Towaoc and they moved to Cortez. She went to work as a caregiver for Montezuma County Health Department doing home care. She also provided private duty care over the years.

When she joined something, she always became very involved. Always active in church, she became a member of the First United Methodist Church of Cortez, was a member of the United Methodist Women, and served in several officer positions over the years at state and local levels. She also taught



Karen Bohn

Sunday School and volunteered at the Methodist Thrift Store for many years. She worked tirelessly for various Mission projects.

She became involved in politics at a young age, helping her mother on a Presidential campaign before she was old enough to vote. She

Upcoming Events

Call individual Granges for more information.

- March 2** Progressive Pomona Meeting, 11 a.m. at BMan's BBQ in Sedalia.
- March 4** Golden Gate, Together Jeffco Planning Meeting, 6:30 p.m.
- March 6** Maple Grove Grange Meeting, 1 p.m.
- March 7** Garden Home RSVP Deadline for Birthday Party.
- March 7** Sunflower Grange State of the Union Speech — Constitution Project.
- March 9** Pleasant Park Regular Meeting, 10 a.m. followed with Potluck.
- March 9** Florissant Pine Needle Basket Class, Needle Felting Class, Fabric Landscape Class, and Learn to Sew/paid with me class.
- March 10** Mount Lookout Grange Community Supper.
- March 11** Florissant Business Meeting.
- March 11** Sunflower Soil Talk, John Murgel of CSU Extension Office; Planting for Spring Sale.
- March 13** Enterprise St. Patrick's Irish Potluck, 6:30 p.m.
- March 14** Garden Home 93rd Birthday Party, 5:30 p.m.
- March 16** Annual Easter Party and Egg Hunt, 1-2:30 p.m.
- March 16** Marvel Grange and Pioneer 4-H Club Baked Potato Bar and Dessert Auction, 6:30 p.m.
- March 26** Mount Lookout Grange Business Meeting.
- March 30** Enterprise Easter Egg Hunt, 10 a.m.
- March 30** Golden Gate Eggmania, 10 a.m. to 12 noon.
- March 30** Sunflower Grange Easter Egg Hunt at BMan's BBQ.
- March 31** End of First Quarter for 2024 and time to send in Quarterly Report and Payment.
- April 5** Marvel Grange Business Meeting, 7:30 p.m.
- April 6** Marvel Grange Ladies Lunch and Program, noon.
- April 8** Enterprise Easter Themed Potluck, 6:30 p.m.
- April 8** Florissant Business Meeting.
- April 11** Golden Gate Grange Business Meeting, 3 p.m.
- April 11** Sunflower Grange Farm Box Tour with Chris Michelewicz.
- April 13** Florissant Pine Needle Basket Class, Needle Felting Class, Fabric Landscape Class, and Learn to Sew/paid with me class.
- April 13** Pleasant Park Meeting and Potluck, 10 a.m.
- April 14** Golden Gate Grange Community Brunch, 10 a.m. to 1 p.m.
- April 14** Mount Lookout Grange Community Dinner.
- April 19,20** Marvel Grange, Grange Month Celebration, 6:30 p.m.
- April 20** Florissant Spring Art and Craft Show, 9 a.m. to 3 p.m.
- April 23** Mount Lookout Grange Business Meeting.
- April 30** Deadline for First Quarter Report due to State Office.
- May 3** Golden Gate Grange, Peak to Peak Chorale.
- May 4** Darden Pomona Meeting at Enterprise Grange, 3:30 p.m. Potluck and Kentucky Derby Party.
- May 8** Enterprise Cinco de Mayo Potluck, 6:30 p.m.
- May 9** Golden Gate Business Meeting, 3 p.m.
- May 11** Pleasant Park Meeting and Potluck, 10 a.m.
- May 13-19** Golden Gate Firefighter Hydration Drive.
- May 19** Golden Gate Canyon Clean up, 7 a.m.
- Marvel Grange – Mondays, Line Dancing, 9-10 a.m.
- Golden Gate AA – Every Tuesday, from 7 p.m.
- Golden Gate Yoga – Wednesdays, from 3 to 4 p.m.
- Florissant – Every Thursday is Community Potluck and Music.
- Sunflower – Third Thursdays, Local History Book Club Meets at BMan's BBQ at 1 p.m.

stayed active in politics, serving the Central Committee and Women's Clubs at both the local and state levels. She helped with several election campaigns. She served as a precinct chair and secretary in Montezuma County for years. She maintained a membership, serving in various offices in Republican Women's clubs since moving to CO. She was one of the first three women recognized as maintaining membership for 50 years in CO. She was active in Grange work, serving in officer positions at local and state levels. Her last membership was with the Lewis Grange. She also was a member of Emblem Club for years and held

various offices during her tenure.

Karen went home to her Lord in Cortez on February 23, 2024. She is survived by her church, Grange, and political families, and will be missed but not forgotten by all of those that knew her. There will be a memorial tribute for Karen during regular church services, 10 a.m. on March 10, 2024, with fellowship coffee to follow the service. In lieu of flowers, donations can be made in her name to First United Methodist Church of Cortez, PO 1016, Cortez, CO 81321. Any donations will be used to help with her final expenses and the remaining used by the church to support local missions.

Master's Message

Gary Wardle, State Master
 1136 Bluebell Way, Brighton, CO 80601
 303-349-7390 • Email: cograngepresident@gmail.com



Brothers and Sisters, I enjoy reading all the articles reporting on the good work Granges are doing in all of your areas. Many dinners and events to support your communities.

As we move into the spring with Grange month coming, I hope Grange will celebrate the 150th anniversary of the Colorado State Grange.

You should have received your packet concerning the PCORI grant. This is an opportunity to present programs in your community. There is the ability to earn cash presenting the information. The National Grange

needs to get the information to 150,000 people this year. Your presentation will help. Please report your numbers to the National Grange.

The National Grange Building in Washington, D.C., was sold in February. The sale price was \$10.1 million. The net proceeds are \$8.1 million. These proceeds will be invested until a new office can be located. The staff is busy moving out of the top floors. The office will be on the first and second floor for six months. If you have a question of the national staff please understand it may take them time to respond. If I can answer a question that you would have asked the national president, please email me or call and I will try and help.

Kathy and I, along with Harry and Cindy, attended the National Grange Leadership Conference held in Myrtle Beach, South Carolina. We worked on developing new Mission and Vision Statements. The new Mission Statement is "Strengthening individuals, families and communities through service, education, nonpartisan grassroots advocacy, and agricultural awareness." All can use this Mission Statement to promote the Grange. It is always good to see our Grange friends.

Kathy and I will be moving to a new home in April. Our new address will be 8606 Holman Circle, Arvada, Colorado 80005. Please use my cell phone, 303-349-7390.

Thanks for all your efforts to promote the Grange and be relevant in your communities.

IN ESSENTIALS UNITY, IN NON-ESSENTIALS LIBERTY,
 IN ALL THINGS CHARITY

Chaplain's Corner

Amy Peterson State Chaplain
 970-749-9374
amyloupeterson@gmail.com



In the times we are living in, it seems like Hope in the Lord is all we have. Psalm 71:5 states "For You are my hope. O Lord God; You are my trust from my youth." (NKJ) No matter what the world gives us He is the one we need to trust and hope for. Only He can save us from the world and give us salvation. Lamentations 3:26 "It is good that one should hope and wait quietly for the salvation of the Lord." (NKJ) I know waiting on the Lord is a hard thing to do, but He has it in His control. It is our job to pray to Him and trust in His timing. Jeremiah 29:11 "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not evil, to give you a future and hope." (NKJ) In the events of the world we now live in, our thoughts and prayers should go up to Him every day. Paul states in 1 Timothy 1:1 (NKJ) that "God our Savior and the Lord Jesus Christ is our hope". He is our only Hope for this world. God sent

His Son into this world to show His love for us and "hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us." (Romans 5:5 NKJ)

We need to trust in the Holy Spirit to help us to have the hope we need for this world. We have a better hope by which we draw near to God. Turn your hearts to God and have your Hope in Him who loves you.

COLORADO STATE GRANGE MEMORIALS

Memorial donations to honor members and past members who have passed away should be made payable to CSG Leadership/Scholarship and mailed to the State Grange office, 7629 County Road 100, Hesperus, CO 81326. Memorial donations are listed in the Book of Memories and included in the Memorial service at the state convention.

Memorial received:
 Karen Ray Florida #306

Notes From The Secretary

Cindy Greer, State Master
 7629 CR 100, Hesperus, CO 81316
 719-748-5008
 Email: costategrange@gmail.com



March 31 – End of first quarter for 2024 and time to send in quarterly report and payment.

April 30 – Deadline for first quarter report due to state office.

In 2019 the IRS changed how fraternal organizations report their subordinates. They used to send us

a list and we were to amend it. But in 2019 they stopped doing that and now rely on the Fraternal organizations to remember to send them notice yearly of the subordinates that still exist, which I did last year when I learned of the change. In that same notification I requested that the IRS

Scholarship/Leadership Foundation

The Colorado State Grange Leadership and Scholarship Foundation is a private, non-profit foundation that provides college and vocational school scholarships as well as financial support for individuals enrolled in qualified leadership development programs. The Foundation is eligible to receive tax-deductible donations from individuals and other entities. Applicants of all ages are welcome provided they are or will be enrolled in an accredited Colorado institution of higher education, a Colorado-licensed vocational school, or a recognized program to develop leadership skills.

Scholarships are awarded once each year to individuals who are regular members of a Grange in Colorado or who are children or grandchildren of Colorado Grange members. Applications must be submitted to the Foundation by April 15. Applications should be submitted by email to grangescholarshipfoundation@gmail.com. Applications can be found at www.coloradograngefoundation.org under the Scholarship button.

The Foundation welcomes donations of funds or property. Donations made in memory of a deceased Grange member will be noted in the Grange Book of Memories held by the Colorado State Grange Office. Donations of \$1,000.00 or more allows one to become a board member if interested. Donations should be directed to the Secretary of the Colorado State Grange, 7629 CR 100 Hesperus, CO 81326.

Ernestine "Ernie" Keiser Scholarship

This scholarship fund was established in 2023 by friends and family

of Ernestine "Ernie" Keiser. Ernie was a long time Grange member in Virginia and was a charter member of Beach Community Grange #958, VA, which was chartered in 1959. She was very supportive of the Youth program at the local, state, and national levels. Ernie was a firm believer in the importance of education and her family and friends desire to continue her legacy by establishing this scholarship program. The value of the scholarship is \$1,000.

Scholarship Requirements:

- Applicant must be a Grange member in good standing with a minimum of one year of membership.
- Scholarship is available for graduating high school seniors or continuing two-year community college, four-year college/university, or postsecondary vocational school students attending an accredited school. Students pursuing graduate degrees or higher vocational certifications are also eligible to apply.
- Scholarship is available to full-time or part-time students.
- An applicant is eligible to apply for the scholarship each year; however, if selected, will only be eligible to receive it a maximum of two times.
- Two (2) Recommendation Letters are required. The writers of the letters of recommendation must be unrelated to the applicant.

One letter from a member of the applicant's Community (local) Grange. It may be an officer or member of the Community Grange.

One letter from a teacher/guidance counselor/mentor. The letter should be on school letterhead or organizational letterhead, if applicable.

National Grange Patriots Program

Since 2012 the National Grange has been providing free certificates for Community Granges to honor Veterans in their communities. Funding for this program is provided by Potomac Grange #1, Washington, DC.

Certificates are available for veterans of World War II, the Korean War, and the Vietnam War. There is no charge for the certificates and they may be ordered from the National Grange Sales Department, sales@nationalgrange.org or 202-628-3507 ext. 109.

Also available are DVDs with information about these wars and Granges' and members' involvement in them. They are also free and can be ordered at the same place. We suggest that the Community Grange Lecturer use these resources to plan a special program honoring local veterans and thanking them for their service. You can also read through your Grange's minutes and include information on how your Grange and your members were involved in activities to aid in the war efforts.

Please take photos of your program and submit them to your local newspaper as well as to the National Grange for sharing with other Granges across the country.

Granger Deadline And Guidelines

April 15, 2024, is the deadline for articles for the May-June 2024 edition of *The Colorado Granger*. You can send them to the State Grange Office, 7629 County Road 100, Hesperus, CO 81326 or email costategrange@gmail.com.

We would appreciate your following these guidelines when writing an article.

- Name of Grange
- Contact person (with phone number)
- Upcoming dates

- Brief summary of what has been happening at your Grange — DO NOT SEND MINUTES
- Community Service Projects
- In Memoriam (Grangers who have passed away)
- Thinking of You
- (Grangers who are sick and shut in — include address if they would enjoy cards)
- Hats Off (Grangers to be recognized)
- You're Invited (activities open to nonmembers and visiting Grangers)

send each subordinate a copy of their EIN Number and their classification (501c5 or whatever the IRS has down) So some of you have received this letter. IT is for your purposes. Many times your bank will require a copy of that letter along with your having filed with the secretary of state yearly. Not all banks require this but many do.

Exempt property tax reports are due in April. I need to receive them by April 1 in order to file them by the deadline. At this point in time I have only received two reports. I am checking on the status of the rest of the reports and will send them out as soon as I get them.

• Essay – Applicant may use one of the prompts below for their essay. The limit is a maximum of 500 words or the equivalent of two pages, typed, double spaced. The prompts are:

How will the furtherance of my education help the Grange or my community?

What does Grange membership mean to you?

What are your goals with furthering your education?

What lessons have I learned from my Grange experiences?

How has the Grange helped to develop me as a person/leader?

- Be sure to send a complete application package. This is a Grange scholarship, so Grange involvement and activities will be weighted heavily in the selection process.
- The scholarship winner will receive notification of scholarship by April 10.

How to apply:

- Paper applications must be typed, printed, and signed.
- A checklist of the required application materials for a complete application is included.
- Applications may be emailed to ngfb@grange.org and must be received by March 1.
- Mailed applications must be received by March 1, and should be mailed to:

National Grange Foundation Board
 Ernestine Keiser Memorial Scholarship Fund
 c/o Joan Smith, Chair
 39 Clubhouse Road
 Rotonda West, FL 33947

The Colorado Granger

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Visit www.coloradograngefoundation.org

Please notify the State Grange Office of any address change.

Because it is 2nd class mail, the Grange is charged 59¢ per address change the post office sends from the Granger mailings.

Email: costategrange@gmail.com

Call 719-748-5008 or mail the form below.

FOR THE COLORADO GRANGER MAILING LIST ADDRESS CHANGE FORM

NAME _____ GRANGE # _____
 OLD ADDRESS _____
 (IF CHANGE OR DROP) _____
 ZIP CODE _____
 PRESENT ADDRESS _____
 ZIP CODE _____
 (GIVE ROUTE AND BOX NUMBER)

Send to: Colorado State Grange
 7629 County Road 100, Hesperus, CO 81326



Lecturer

BJ Bushman, State Lecturer
 303-550-7901
 bushman.bj@gmail.com
 8033 Sabino Lane
 Castle Rock CO 80108

Here we are turning the calendar page yet again and marching into March! Will it come “in like a lion and out like a lamb” — or will our season follow the 2024 *Farmer’s Almanac* and experience a “chilled, rainy” spring?

Regardless of our weather outlook, March 2024 is packed full of events from National Ag Week (March 17-24) to the Spring Equinox on March 19 to Easter on March 31. How can we capitalize on these events and promote our local Granges? Will spring sprout new ideas for your Grange and your Pomona?

If our changeable weather throws a curveball into your plans, how about a new virtual experience? While it may not seem very personable, the reach can be incredible! Webinars, Zoom presentations, Facebook Live events, and even YouTube Live can be an amazing alternative! What ways are you exploring to boost your programming? Sprout those new experiences and grow your reach!

On the heels of March, we flow right into April — National Grange Month! What an incredible opportunity to get our brand out there and expose our communities to the role of the local Grange! While you brainstorm on planning your events, your community involvement, and your service, see where you can utilize the beautiful promotional graphics on the National Grange Website for National Grange Month.

This link provides PDF down-

loads for posters, a Grange Spirit Week graphic, and Facebook Headers to spruce up your Facebook Page with a pop of Grange Month swag! <https://www.nationalgrange.org/grange-month-2024/>.

As we promote the theme Grange Strong and emphasize Rooted, Resilient, United, be thinking of creative ways to link these traits into your current activities. Take advantage of the Grange Month posters beyond April. Connect Rooted, Resilient, United, into various promotions throughout the year. Keep that Grange Strong theme alive and prominent! Show how the Grange has been rooted and resilient over the decades and will remain united into the future! Be that steady, solid community go-to for local events and service.

Besides community projects and outreach, be considering contest entries. This year we are aligning with the National Grange Contests with items like the virtual photography categories. Be sure to check out these opportunities in the *Handbook* and plan for local submission by August 15 and national submission (<https://www.nationalgrange.org/lecturer-contests/>) by September 1, 2024.

It would be great to have much participation for the Talent Show as well! Happy planning, happy spring, and happy National Grange Month!

**Grange Strong:
 Rooted, Resilient, United.**



Family Activities

Idella Lewis and Karen Baxter, State Activities Co-Directors
 Idella Lewis, 303-274-9390
 Email: idellamlewis@gmail.com
 Karen Baxter, 14857 CR 240, Bayfield, CO 81122
 970-259-1595



The National Quilt Block Contest is the Split Back Star pattern which is open to everyone — Grange members and members to be. The deadline for entries is Sept. 1st and should be sent to the National Lecturer by this date.

All entries will be made into finished quilts and other items to be sold at a later date, and will be on display at the 2024 National Grange Convention. (*Registration form on Page 4.*)



2024 National Grange Quilt Block Contest

STATEMENT OF INTENT

The Quilt Block Contest provides an opportunity for Grange members and friends to collaborate in creating quilted items that can be donated or auctioned for funds to provide additional services to community members in a nationwide effort

RULES

- A. The National Grange Quilt Block Contest is open to everyone – Grange members and members-to-be.
- B. All contest entries must be received by the National Grange Lecturer by **September 1, 2024**. Send entries to:

Tom Gwin, National Lecturer	or by UPS to:
PO Box 1186	924 Capitol Way S., #300
Olympia, WA 98507-1186	Olympia, WA 98501
- C. Any entries received after the deadline will not be judged. However, all entries received will be exhibited at the 158th National Grange convention in Bettendorf, Iowa.
- D. The quilt block you enter in the contest for judging must be made by you.
- E. There is no limit on the number of quilt blocks a person may submit, but you must choose **one quilt block** per person to be judged.
- F. All entries will be retained by the National Grange to be made into finished quilts and other items to be sold at a later date.
- G. A 2024 Quilt Block Contest Entry Form must be completed for the block to be judged.

GROUPS

- Group I – Adult (Age 14+)
- Group II – Junior (Age 13 and under)

PRIZES

- Monetary prizes will be awarded for 1st (\$50), 2nd (\$30), and 3rd (\$20) place in each Group.
- Ribbons will be awarded to all entrants.

Any questions? Contact Tom at lecturer@nationalgrange.org

Mandy Project

Cindy Greer, Coordinator
 970-588-3386 • Email: hcrdgreer@frontier.net

The Grange Foundation Deaf Awareness Program

A fund was developed within the National Grange Foundation for the purpose of supporting deaf activities within the Grange. Because funds are still available, this grant program is being offered to assist states with funding various deaf awareness activities. In the past these grants helped Granges in Idaho, Iowa, Michigan, New Jersey, Pennsylvania, and Washington. If you would like to know more about these projects please go to www.grangefoundation.org.

Eligibility

Any State is eligible to apply for a grant to assist with a worthwhile project that may be planned within the state. Community Granges can apply through their State Grange.

Timeline

Grant applications will be **due on May 1st** to the National Grange Foundation. If you are mailing it, please send to National Grange Foundation, Attn: Deaf Grant, 1616 H St. NW, Washington, DC 20006 or email to info@grangefoundation.org.

Guidelines

Grants up to a maximum of \$1,000 will be awarded to each approved application, and will be awarded to the State Grange. The State Grange will have the option of transferring those funds to the Community or Pomona Grange conducting the deaf activity included in the grant application.

A maximum of two grants will be awarded per year.

Grants may be awarded for any project that enhances deaf education. Creativity and uniqueness of the projects will be factored into the selection process. The Grange Foundation is looking for projects with not only an impact on deaf education, but plans that involve members working with the deaf community in some way. The Foundation will give preference to Granges who are doing more than fundraising.

Split Back Star Block

Pattern courtesy of Kim DJoseph
 This pattern was the 2023 Quilts of Valor official block



Pieces Needed for one 12" finished block

White:
 1-4 ½" square 8-2 ½" squares

Red:
 3-4 ½" square 1-5" square

Blue:
 3-4 ½" square 1-5" square

Step 1: STAR POINTS

With 2 red and 2 blue 4 ½" squares, sew a 2 ½" white square to one corner. Cut ¼" off the sew line and press towards the white. Sew the 4 remaining 2 ½" squares to the other side of the color, cut ¼" off sew line and press towards the white. These 4 units will make your star points.

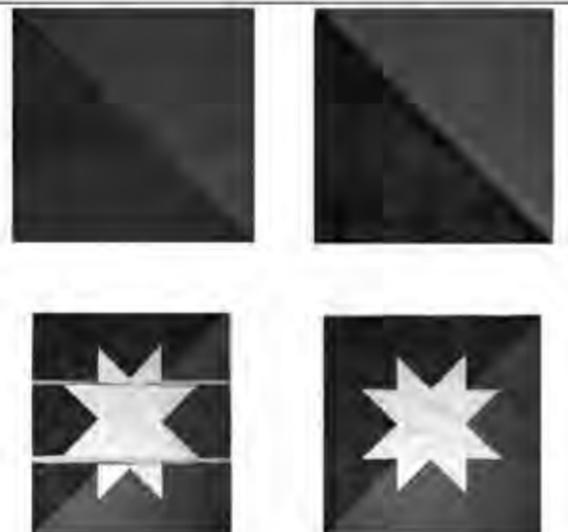


Step 2: HST's

With a 5" red and a 5" blue square. Place right sides together, draw a line diagonally and sew ¼" on each side of the line. Cut on the draw line and iron. Square both HST units to 4 ½".

Step 3: ASSEMBLE BLOCK

You will now have 9 squares, each measuring 4 ½". Assemble in 9 patch style to create your QOV Split Back Star.





Agriculture Report

David H. McCord, State Director
David • 303-388-1259
Email: dmccord60@earthlink.net

Colorado State Grange is a member of the Colorado Ag Water Alliance (CAWA) via our membership on the Colorado Ag Council who created CAWA. I seek a Granger who may have an interest in water issues to follow CAWA and the several Colorado agencies that manage our state's water decisions with an eye to keeping the rest of us informed. There is so much going on I do not have time to adequately participate. President Wardle suggested I post this information in my Ag Report. Please contact me. You do not need to attend meetings in person as most are online, plus the CWCB announcements also are online.

Side note, the CSG has long supported the Northern Integrated Supply Project (NISP) to create two off-stream dam storage facilities to capture water owned by the participating districts with water diverted from the Cache la Poudre River. The dam, to be located north of Ted's Place near the Hwy 14 and Hwy 287 junction, was to have been built beginning in 2016, but anti-project entities have used court challenges to delay the project. Preliminary ground work began at the site in 2023 but legal challenges continue.

Below are current items important to CAWA members.

Wildfire Ready Watersheds Innovative Solutions to Post-Fire Flood Before the Flames, Feb. 13, 2024, by Colorado Water Conservation Board, "to produce high-resolution post-fire susceptibility information and to identify fire mitigation and impact reduction projects to lessen the hurt that communities feel after a wildfire."

CAWA Meeting Feb. 22, Thursday from 9-12, participate virtually or in person at the Colorado Department of Agriculture in Broomfield; a good opportunity to be caught up

on a lot of the work CAWA is doing.

- CAWA financials
- The water quality projects we are implementing on the Western Slope
- Update on the Drought Resilience Project
- Our work with Farmers Conservation Alliance on large-scale infrastructure improvements
- How to get more producers to attend the Colorado Water Congress Annual Conference
- Getting technical assistance dollars to projects that need funding
- Input on an interesting concept from the Colorado Water Trust that I flagged for all of your attention and not sure if it will be an issue or not.

January 29, 2024 (Denver, CO) — The Colorado Water Conservation Board (CWCB) has voted to recommend \$20 million in funding to the Colorado River District as part of the annual Water Projects Bill contributing to a larger funding effort to secure Shoshone permanence and foster water security on the Colorado River.

January 30, 2024 — The Colorado Water Conservation Board (CWCB) has released a final report from the 2023 Urban Landscape Conservation Task Force. The report embodies a broader, state-wide movement to rethink the way we look at urban outdoor water use and holistically address municipal water challenges.

January 8, 2024 (Denver, CO) — The third edition of the Climate Change in Colorado report published on Jan. 8, 2024. Created by researchers at the Colorado Climate Center at Colorado State University, the new multi-chapter report combines and synthesizes relevant climate science information to help inform future management and planning of the state's water resources.

Junior, Youth And Young Adult

Kathy Wardle, Director
720-354-1196

1136 Bluebell Way, Brighton, CO 80601-6783
artklw@aol.com



Junior Grange membership is now open to any boy or girl. So, let's build the Junior Grange membership in Colorado. Your grandchild or child, or child's friend can now be a junior Granger even if your Grange does not have a junior Grange.

The child needs to be 5 years old and not older than 14. The JG application can be sent to any Junior Grange in Colorado. ALSO, ANY CHILD CAN APPLY TO THE LOCAL COMMUNITY OR SUBOR-

DINATE GRANGE.

- The application can be downloaded at nationaljuniorGrange.org
- The application must be signed by a parent or guardian.
- The minimum application fee is \$1. (Check if this is what your subordinate Grange requires for junior Grange).
- The minimum annual dues are \$1. (Check if this is what your subordinate Grange requires for junior Grange).



P.I.C.K.

People Improving Communities And Kids

Cindy Greer, Secretary/Treasurer
7629 CR 100, Hesperus, CO 81316
970-588-3386 • Fax 970-588-3871
Email: hcrdgreer@frontier.net

PICK received \$3,400 in donations designated for the cheer leaders at Escalante School. They

have spent \$2,215 for uniforms for the participants.

As many of you many have read,

National Grange Announces Major Program To Help Rural Seniors

"Reaching Rural Surgical Seniors" educates rural communities about preparing for life before surgery and throughout their lifespan.

Article from National Grange wire — originally published in *The Patrons Chain*, a publication of the National Grange.

The National Grange, America's oldest agricultural and rural service organization, announced that it has received a major grant that will leverage its position as the voice of rural America.

Joan C. Smith, project manager, announced that the National Grange received a Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington PCORI Engagement Award (EADI #30051) for

a program entitled "Reaching Rural Surgical Seniors."

During the kickoff event in Niagara Falls, Smith highlighted the ongoing health crisis in rural America, which encompasses 1 in 5 American citizens. Citing statistics from the U.S. Census Bureau, she gave a background on why the National Grange has become involved in engaging rural Americans to help take care of their health.

The National Grange received the PCORI award contract because the Grange is a trusted messenger to and for rural America. "We aim to reach 150,000 people across the nation in the next two years," said Smith. "Rural is the goal, but we want to reach all people who can benefit from this program."

"This program provides local Community Granges the resources to educate and inform their areas about what senior citizens should be doing to prepare for surgeries — before the surgery and when they return home," Smith said. "There's also a comprehensive 'Preparing for My Future' guide, with questions that any adult should think about. It covers topics from where bank accounts are located and what kind of care you're willing to have, to who in your community might be able to help you with certain activities post-surgery."

Smith suggests that community grants can reach their communities through other organizations like churches, 4-H, Kiwanis, or garden clubs.

The program is available at www.seniorsurgeryguides.com, which features over two dozen informational and instructional videos. These include videos on pre-surgery discussions, preparing your home, how to talk to others about your health, and what to do in case of hospitalization. The website also includes sections on finances and financial concerns, dealing with memory loss, and learning how to self-advocate in the healthcare process.

Burton Eller, National Grange Legislative Director and the campaign's project leader, believes the National Grange is an ideal organization for the dissemination of this program. "The average rural American needs to drive over 10 miles to reach their nearest doctor, as opposed to their urban counterparts who have less than half that travel. Because of this discrepancy, many ru-

- Submit the application to the subordinate secretary and make sure it will be sent to be recorded in the state and national membership records.

Junior Grange membership entitles the member to enter any state or national junior Grange contest and/or participate in any program or activity.

Similarly, any youth (ages 14-20) who is a member of a subordinate Grange is eligible and can participate in any state or national program. Any young adult member (ages 21-30) can participate too.

The Youth program is designed to inspire youth and young adults to grow in confidence to become strong leaders.

Go to nationalGrange.org to find the national JG and Youth and Young Adult handbook.

PICK received two grants to help establish a Birds of Prey rehabilitation center. Unfortunately, we have returned the funds to the foundations because we have been unable to locate a suitable container structure and the individual seeking the funds has decided to enlist in the Army in the diving division and leaves in July for basic training.

Partnering with Granges and Grangers on projects is one way we help each other.

rural and small-town residents want to ensure that their time with a surgeon or doctor is well-spent and they can get all of the information they need. By having access to a list of questions they might not have thought to ask, they will now be better prepared for surgery or whatever life brings them."

The National Grange has championed rural Americans since 1867 and has become a leading voice in advocating for better access to healthcare and high-speed internet. "And the two are intertwined," says Eller. "Especially since the pandemic, telehealth options have become a routine way of interacting with your doctor. However, 47% of rural residents still do not have the benchmark speeds for 'basic internet' access."

The Reaching Rural Surgical Seniors project is designed to be replicable by Community and State Granges, known for being community hubs and meeting spaces throughout the country. Each Grange will have access to videos that they can show in informational community programs and will be able to provide copies of the guides, lessons, and more information to help prepare their community members for the future.

"Everybody has questions before and after surgery," Smith says. "Our goal is to make it a simpler, less daunting process. Even I have already made adjustments to my home and lifestyle after helping prepare the program."

Everyone is encouraged to view the program trailer at www.grange.biz/rrss-trailer. For those who wish to know more, please contact Program Manager Joan C. Smith at rrss@grange.org. *Colorado Grangers will recognize some of the participants in the videos as our own State president, Gary Wardle, and first lady Kathy are featured as well as daughter Kara Jacobs. Some of our Colorado Grange halls are also in the background of some of the videos.*

The National Grange worked in conjunction with consultant doctors, rural citizens, and Grange leaders from around the country in the creation of this program.

The views, statements, and opinions in this article are solely the responsibility of the authors and do not necessarily represent the views of the Patient-Centered Outcomes Research Institute (PCORI), its Board of Governors or Methodology Committee.



2024 National Grange Quilt Block Contest

ENTRY FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Grange Member: Prospective/Not Yet a Member:

Grange Name: _____ No.: _____ State: _____

- Group I – Adult (Age 14+)

- Group II – Junior (Age 13 and under)

All contest entries must be received by the National Grange Lecturer by September 1, 2024.

The quilt block you enter in the contest for judging must be made by you.

Please make as many blocks as you wish, but only one contest entry per person.

Each contest entry must have a completed Entry Form.

Mail entries to:
Tom Gwin, National Lecturer
PO Box 1186
Olympia, WA 98507-1186

or by UPS to:
924 Capitol Way S., #300
Olympia, WA 98501

Memory Loss

Most people forget things from time to time, but see a Primary Care Provider if you keep having problems with your memory. It could be caused by something that can be treated.

Non-urgent advice: See a Primary Care Provider if:

- Memory problems are affecting your day-to-day life.
- Senior moments become more frequent. It's best to get checked because any treatment you need may work better if it's started early.

Important: Concern for a relative

If you're worried about an older relative who's becoming increasingly forgetful, speak to a Primary Care Provider about whether it could be a sign of dementia.

What Happens At Your Appointment

If you're having problems with your memory, a Primary Care Provider will ask you some questions to try to find the cause.

It might be useful to bring someone else with you who can help describe the problems you're having.

The Primary Care Provider may refer you to a memory specialist for an in-depth assessment. Further tests, such as scans, may also sometimes be needed.

Any treatment that's recommended will depend on the cause of your memory problems.

Causes Of Memory Loss

Memory loss can just be a natural part of getting older.

Sometimes it may be caused by something common and treatable like stress, anxiety, depression, or sleeping problems (insomnia). Occasionally, memory loss can be a sign of something more serious,

such as dementia.

Do not try to self-diagnose the cause of your memory loss – always see a Primary Care Provider.

Alzheimer's Disease Is The Most Common Cause Of Dementia

Dementia is the name for a group of symptoms associated with an ongoing decline of brain functioning. It can affect memory, thinking skills, and other mental abilities.

The exact cause of Alzheimer's disease is not yet fully understood, although a number of things are thought to increase your risk of developing the condition.

These include:

- Increasing age.
- A family history of the condition.
- Untreated depression, although depression can also be one of the symptoms of Alzheimer's disease.
- Lifestyle factors and conditions associated with cardiovascular disease.

Find Out More Information From These Organizations

- Alzheimer's and Dementia Care Videos User Guide
- Nation Institute on Aging
- UCLA Health

Signs And Symptoms Of Alzheimer's Disease

Alzheimer's disease is a progressive condition, which means the symptoms develop gradually over many years and eventually become more severe. It affects multiple brain functions.

The first sign of Alzheimer's disease is usually minor memory problems.

For example, this could be forgetting about recent conversations or events, and forgetting the names of places and objects.

As the condition develops, mem-

ory problems become more severe and further symptoms can develop, such as:

- Confusion, disorientation and getting lost in familiar places.
- Difficulty planning or making decisions.
- Problems with speech and language.
- Problems moving around without assistance or performing self-care tasks.
- Personality changes, such as becoming aggressive, demanding, and suspicious of others.
- Hallucinations (seeing or hearing things that are not there) and delusions (believing things that are untrue)
- Low mood or anxiety.

Who Is Affected?

Alzheimer's disease is most common in people over the age of 65.

The risk of Alzheimer's disease and other types of dementia increases with age, affecting an estimated 1 in 14 people over the age of 65 and 1 in every 6 people over the age of 80.

But around 1 in every 20 people with Alzheimer's disease are under the age of 65. This is called early- or young-onset Alzheimer's disease.

Getting A Diagnosis

As the symptoms of Alzheimer's disease progress slowly, it can be difficult to recognize that there's a problem. Many people feel that memory problems are simply a part of getting older.

Also, the disease process itself may (but not always) prevent people recognizing changes in their memory. But Alzheimer's disease is not a "normal" part of the ageing process.

An accurate and timely diagnosis of Alzheimer's disease can give you the best chance to prepare and plan for your lifespan, as well as receive any treatment or support that may help.

If you're worried about your memory or think you may have dementia, it's a good idea to see a physician.

If possible, someone who knows

you well should be with you as they can help describe any changes or problems they have noticed. If you're worried about someone else, encourage them to make an appointment and perhaps suggest that you go along with them.

There's no single test that can be used to diagnose Alzheimer's disease. And it's important to remember that memory problems do not necessarily mean you have Alzheimer's disease.

A physician will ask questions about any problems you're experiencing and may do some tests to rule out other conditions.

If Alzheimer's disease is suspected, you may be referred to a specialist service to:

- Assess your symptoms in more detail.
- Organize further testing, such as brain scans if necessary.
- Create a treatment and care plan.

How Alzheimer's Disease Is Treated

There's currently no cure for Alzheimer's disease, but medicines are available that can help relieve some of the symptoms.

Various other types of support are also available to help people with Alzheimer's live as independently as possible, such as making changes to your home environment so it's easier to move around and remember daily tasks.

Psychological treatments such as cognitive stimulation therapy may also be offered to help support your memory, problem solving skills, and language ability.

Outlook

People with Alzheimer's disease can live for several years after they start to develop symptoms. But this can vary considerably from person to person.

Alzheimer's disease is a life-limiting illness, although many people diagnosed with the condition will die from another cause. As Alzheimer's disease is a progressive neurological condition, it can cause prob-

lems with swallowing. This can lead to aspiration (food being inhaled into the lungs), which can cause frequent chest infections.

It's also common for people with Alzheimer's disease to eventually have difficulty eating and have a reduced appetite.

There's increasing awareness that people with Alzheimer's disease need palliative (soothing, relaxing, calming, comforting) care.

This includes support for families, as well as the person with Alzheimer's.

Can Alzheimer's Disease Be Prevented?

As the exact cause of Alzheimer's disease is not clear, there's no known way to prevent the condition.

But there are things you can do that may reduce your risk or delay the onset of dementia, such as:

- Stopping smoking and cutting down on alcohol.
- Eating a healthy, balanced diet and maintaining a healthy weight.
- Staying physically fit and mentally active.

These measures have other health benefits, such as lowering your risk of cardiovascular disease, and improving your overall mental health.

Dementia Research

There are dozens of dementia research projects going on around the world, many of which are based in the UK.

If you have a diagnosis of dementia or are worried about memory problems, you can help scientists better understand the disease by taking part in research.

If you're a carer for someone with dementia, you can also take part in research.

More Information

Dementia can affect all aspects of a person's life, as well as their families.

If you have been diagnosed with dementia, or you're caring for someone with the condition, remember that advice and support is available to help you live well.

Reaching Rural Surgical Seniors

Have Questions About Surgery?

Having questions about an upcoming surgery is expected. Some Doctors, a research institute, patients, family members, caregivers, and Grangers have used their personal experiences to help create this website.

The National Grange and medical technical experts have developed two Guides which can help you prepare for surgery and think about your future options.

You will find a variety of information on pre-surgery, post-surgery and planning for your future within the website. There are questions that are important for anyone planning a surgical procedure. Circle the questions you want to ask, and/or write your own questions. It's okay if you do not want to ask your Healthcare Provider some of these questions. You can ask your doctor/surgeon whatever you feel is important to you. Tell the doctor/surgeon how much or how little you want to them to know and ask the surgeon to explain anything you don't understand.

<https://www.senior-surgeryguides.com>

Rural America is underserved by the nation's healthcare system. There are fewer doctors, especially specialists, per capita, many rural hospitals are in danger of closing, incomes are lower, and employers less likely to provide health insur-

ance, distances to care are greater, and there is less broadband access to medical information and virtual office visits.

Older rural residents requiring surgery have less access to care and may be less informed on how to participate in their care and about treatment options.

The National Grange has developed and is disseminating a user-friendly Pre-Surgery Guide — Question Prompt List that can be utilized to talk to your doctor/surgeon, and Planning for My Future Guide that can be utilized to talk with your spouse/partner, family, caregiver to help provide your plans and desires for your future.

EMPOWER

Empower rural surgery patients to become more engaged in their own care and to obtain care in line with their personal values and preferences to improve their life span.

INFORM

Inform patients of what to expect after surgery, allowing more time for planning and informing caretakers and family about aftercare both short-term and long-term.

PREPARE

Prepare older rural patients with the ability to make the best pre- and post-surgical decisions based on a deeper understanding of their current health and physical condition.



2024 National Grange Publicity Item Contest



STATEMENT OF INTENT

The ability of our Granges, at every level, to successfully promote specific events or the Grange as a whole is necessary and essential. The goal of the **National Grange Publicity Item Contest** is to recognize the publicity work being done by our Granges across the country and to share this work with other Granges with the intent of fostering even more and improved publicity efforts. The more Grange publicity that occurs within our communities, the better!

RULES

- The National Grange Publicity Item Contest is open to all Granges (State, Pomona, Community, Junior), Grange committees, or Grange groups (i.e., auxiliary, youth, Junior 1+).
- A Publicity Item may be a flyer, poster or advertisement; a short video; a radio commercial or announcement; a social media post; a press kit or media release; a shirt, button, or another wearable item; or anything else you create to promote Grange. "Out of the box" ideas are welcomed!
- All entries must be received electronically as a single (1) file no larger than 1GB via Google Forms at <http://grange.biz/grangepublicity2024> by **September 1, 2024**.
- There are two (2) divisions:
 - Created by a professional (paid or in-kind).
 - Created in-house (without professional assistance).
- There is **no limit** on the number of publicity items that can be submitted by any Grange, Grange committee, or Grange group.
- Entries should be created since the previous deadline (September 1, 2023).
- If your publicity item is wearable or otherwise 3-dimensional, please take a photo of the item and submit the photo.
- Any entries received after the **September 1, 2024** deadline will not be judged.
- Any entry submitted may be shared by the National Grange via social media, email, website, or other means.
- Winners will be announced at the 2024 National Grange convention in Bettendorf, Iowa.

PRIZES

Monetary prizes will be awarded: 1st- \$200, 2nd- \$100, 3rd- \$50 and 4th- \$25 in each division.

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ACPRC.ORG



Contact Idella Lewis, idellamlewis@gmail.com, 303-233-3393, for further information.

Saturday, May 4 — Darden Pomona meets at Enterprise Grange. Meeting 3:30 p.m., potluck and Kentucky Derby Party to follow.

The quarterly Darden Pomona meeting in February was cancelled due to a rain/snowstorm. The next meeting will be May 4th with a potluck dinner and the Kentucky Derby Party hosted by Enterprise Grange. Be sure to wear your finest attire and remember to wear your hat!

Idella Lewis

Enterprise Grange

Contact Carol Lackey, carollackeyhomes@gmail.com, or 303-521-4477, for further information.

March 13, Wednesday — We will have our Irish Themed Potluck beginning at 6:30 p.m. in honor of St. Paddy's day. Corned Beef and Cabbage will be made by Lisa Mittan. Grangers to bring sides and desserts that are green or Irish themed! Irish music will be provided by the lecturer, Dorothy Dannels. Planning for the Community Service Award program, our Community Garden, and filling in more details on the Annual Easter Egg Hunt will follow. Debbie Kuntz has offered to assemble eggs that were given back to us last year and find their matches. Best of Luck, Debbie and thank you!

March 16 and March 23, Saturdays — 10 a.m. until approximately 1:30 p.m. we will be filling Easter Eggs for the Egg Hunt. We are planning to fill between 8,000 and 10,000 eggs this year. The 4-H group will be there but we can always use more help. It's a big job, so please feel free to lend a hand if for only an hour.

March 30, Saturday — This year's Easter Egg Hunt, in cooperation with House2Home Real Estate, will be held at Robby Ferrufino Park located at 9001 W. 74th Avenue in Arvada, CO. The hunt is divided into age groups with the youngest starting their hunt at 10 a.m. Please try to arrive by 9:30 a.m. because once the youngest go at 10 a.m., there will only be three to four minutes in between the age groups. We will have refreshments, professional photography with the Easter Bunny, bubbles, chalk art, and games to play, so we want to make sure there are no disappointments on the hunt itself. Please bring your own Easter Baskets. If you can volunteer to help set up or clean up or help with organizing the children, we would appreciate all the help we can get!

April 8, Wednesday — Easter themed Potluck will begin at 6:30 p.m. This is our Community Service



New sign installed in front of the Pleasant Park Grange Hall.

night and any plans will be discussed at our March meeting. More details to follow. We would like to invite everyone to come and see what we have accomplished with our Grange Building. Most are probably aware that the City of Arvada has been doing a complete change to 72nd Avenue in front of the Grange. Their work is almost complete. We decided to spruce up the building with new paint and signage, flooring in the kitchen, and some other repairs. We will probably be holding an open house this summer or early fall but love you all to stop by on community service night for a sneak peek.

May 4, Saturday — Pomona meeting at the Enterprise Grange. Our theme is the Kentucky Derby. Ladies come with your special derby hats and men get spruced up in your Fedora, Bowler, or any other dress hat you can find. There will be games, betting for prizes (no money), and of course, the Derby played on TV. Time and other details can be found under Idella Lewis article under the Pomona in this Granger.

May 8, Wednesday — At 6:30 p.m., we will have our Cinco de Mayo themed Potluck. Mexican dishes, sides, salad, and desserts will be on the menu. Bring your favorite dishes. A business meeting will follow potluck where we will discuss the possibility of a summer picnic

and other off-campus activities. We will also vote on 2023-2024 officers and choose delegates for the 2023 State Grange Convention.

Our January meeting took place on Wednesday, the 10th. Our potluck started at 6:30 p.m. We had leftover Christmas turkey and ham that we decided to enjoy. The rest of us brought sides and we all had a delicious meal of mostly leftovers. At the meeting we decided to start bringing canned goods for the food bank or things for the senior stocking project at each meeting so we can get a head start for Christmas. This past year was especially difficult receiving donations. Everyone was feeling the pinch so starting early makes sense. Hopefully 2024 will have a better outlook for everyone.

In February, our Valentine's Party and Potluck started at 6:30 p.m. Again, we had leftovers. This time it was hotdogs from our chili dinner. Everyone brought something to complement the hot dogs; such as chili, salad, chips, and condiments. It worked out very well. Although, we did forget it was Ash Wednesday. Gary and Kathy Wardle saved us by bringing tuna salad for those that follow the tradition of not eating meat on Ash Wednesday or Fridays during lent. Thank you for thinking about others. One of our Valentines traditions has been to bring Valen-

tine cards and candy for each other. It's nice to know we think about each other during this fun time of year.

Carol Lackey

Maple Grove

Contact Idella Lewis, idellamlewis@gmail.com, 303-233-3393, for further information.

March 6, Wednesday 1 p.m. — Maple Grove Grange Meeting.

The February Maple Grove Grange meeting was cancelled due to many of our square dance members being on a cruise. The square dancers performed at the National Western Stock Show in Denver in January despite the record-breaking cold weather.

Get well wishes to J Kelly who is recovering from a fall.

Idella Lewis

Pleasant Park

Contact Yvonne Ludwig, Master, for information, at 303-838-4805, 22551 Pleasant Park Road, Conifer, CO 80433.

Mar. 9 — Regular meeting 10 a.m. followed with potluck.

April 13 — Regular meeting 10 a.m. followed by Chili Dinner.

May 11 — Regular meeting 10 a.m. followed with potluck.

Mother Nature keeps gifting us with a lot of snow so the January and February meetings were canceled for the safety of the members. We may be celebrating Christmas in July!

We are thrilled with the new sign installed in front of the Grange Hall. We are able to promote upcoming events as well as regular monthly meetings. Journey Through Books and Conifer Newcomers and Neighbors bunco group meet monthly with a Grange member attending.

Weather permitting the annual Chili Dinner will be held on April 13 following the meeting. This is our way of promoting the Grange and inviting guests to join.

Jon Kullmann, Lecturer, has interesting programs planned for the remainder of the year.

Everyone is welcome to attend our meetings the second Saturday of every month at 10 a.m.

Yvonne Ludwig

Golden Gate

Contact Terri Costeldia, terricosteldia@hotmail.com, 303-277-0351, for further information.

Grange Meeting — Thursday, March 14 at 3 p.m.

Eggmania — Saturday, March 30 from 10 a.m. to 12 p.m.

Grange Meeting — Thursday, April 11 at 3 p.m.

Community Brunch — Sunday, April 14 from 10 a.m. to 1 p.m.

Peak to Peak Chorale — Friday, May 3.

Grange Meeting — Thursday, May 9 at 3 p.m.

Firefighter Hydration Drive — May 13 to May 19.

Canyon Cleanup — Sunday, May 19 starting at 7 a.m.

Yoga — Wednesdays, from 3 to 4 p.m.

AA — Every Tuesday, from 7 p.m.

A big thanks to Corey Stone and others who helped when our furnace went out of service on the coldest week of the winter. Furnace is now working better than ever and we avoided having any frozen pipes.

Together Jeffco is a group which discusses issues facing our county and takes input from its residents. Terri Costeldia and Patti Neer have been attending these ongoing meetings with officials from Jefferson County, representing the needs and views of our canyon community. Residents are invited to attend the next meeting of Together Jeffco at our Grange on March 4 at 6:30 p.m.

Eggmania has become a favorite activity at the Golden Gate Grange. Bring your hardboiled eggs and we will provide all the dyes and other materials to decorate your Easter Eggs. There will be an indoor Easter Egg hunt for the youngsters. This free event will be held on Saturday, March 30, from 10 a.m. until 12 p.m.

During our yearly Hydration Event, we collect water and sports drinks for our GGFPD firefighters. They are of critical importance when our volunteers are on a call or during training events in the field. Please bring only water or sports drinks...no soda. Be sure your donations are not past their expiration date. Thanks — in advance. Your help over the past years has always been generous and greatly appreciated.

Get ready to help with the Canyon Cleanup on May 19th. We have volunteered to clean Golden Gate Canyon roadside from just below Galbraith Open Space to Crawford Gulch. Volunteers must be at least 18 years old. To sign up contact Terri Costeldia at terricosteldia@hotmail.com or 970 640-7185.

We have decided to move our monthly Grange Meetings from the 1st Thursday to the 2nd Thursday of each month. Hope you will join us at a meeting!

Yoga is held on Wednesdays from 3-4 p.m. If you haven't been to a class before, instructors Judy and Susan will provide a class that will offer alternatives for all levels. We hold the yoga classes at the Grange, but during the winter we may cancel the in-person class and provide a Zoom session if the weather conditions are hazardous.

Our Health Coordinator, Marge Frueh, has researched the options for a new AED for our Grange Hall. We will be sending out more information about the choice and how you can help to defray the cost of this life-saving piece of equipment.

The Line Dancing Instructor is looking for a new DJ. Classes are on hold until a new DJ can be found for this once-a-month activity. The Grange has the equipment, but needs a volunteer to act as a DJ. Please contact us if you would like to help.

Website: www.GoldenGateGrange.com/Facebook: Golden Gate Canyon Community.

Grange phone: 303 273-9516.

Jayne Ruesch



Grange Birthday Club!

The Grange is a fraternal order, at the heart of which is fellowship and brother/sisterhood. We'd like to be better connected to you — and what better way than to get something special from the National President on your birthday? You'll also get special invitations to National Grange birthday celebrations and service events.

To become part of the birthday club starting on the Grange's birthday on December 4, 2023, go to <http://grange.biz/birthdayclub>

You may also sign up by sending a birthday card to National Grange, c/o Membership Director 1509 Red Dale Road Orwigsburg, PA 17961 with your name, address, email address, the community Grange(s) you belong to, and your birthday (including day, month and year).

If you are submitting information for someone other than yourself, please indicate that they have consented to release of information and contact from the National Grange.

Colorado State Grange Website

Larry Corman takes care of the web page for the State Grange. He is requesting that Officers and Directors contact him with updates for their departments.

He would like to link the web page of each Grange to the State Grange site. Please contact him to have this done so Grange members and others can easily access your page for information.

Larry Corman: larry_corman@hotmail.com or 970-749-8438.

The Colorado Granger Available Online

If for some reason you don't receive a paper copy or you prefer to read the paper online, you can obtain a copy at Colorado State Grange (colorado.grange.org). This is the State Grange website, scroll down on the left hand side to the Granger (newspaper) and click on it, which will take you to the papers which are categorized by year.

La Plata
Archuleta and La Plata Counties, CO
and San Juan County, NM

Marvel

Contact Cindy Greer, 970-588-3386 or hcrdgreer@frontier.net, for further information.

March 16 — Baked Potato Bar with Pioneer 4-H Club and Desert Auction.

March 30 — Community Breakfast 8-10 a.m.

April 5 — Business meeting 7:30 p.m.

April 6 — Ladies Luncheon

April 19 or 20 — Celebrating 150 years.

We cancelled the February meeting due to snow!

We had 40 in attendance at our Chili Cook-off and dessert auction January 20. We had 8 chili entries, 4 green and 4 red. Frances Horvath won the Green Chili division and Janice Johnson won the red chili division. Dessert auction brought in around \$700 which will be used to help local individuals and families with their electric bills.

We received kick back money for promoting the National Grange project Affordable Connectivity Program.

February 14 we had a “Palentine’s” dinner fundraiser. We had 45 reservations. We served Prime Rib or chicken, green beans, green salad, baked potatoes, homemade rolls, raspberry swirl cheese cake and red velvet cake, and beverages. We set up card tables for couples and larger tables for groups. Each table has a table cloth, and candles. We serve the meal on china and require reservations. It’s fun



Harry Greer emceeds the Marvel Grange Dessert Auction with participant Kathy Hogan.

to provide local people with an opportunity to go out for Valentines Dinner without driving back into town (25-30 miles) and raise \$ at the same time. Being Ash Wednesday affected the

event a little, but not too much.
Cindy Greer

Marvel JG

Contact Cindy Greer, leader,



Lila Greer and Marlon Greer enjoying the “Palentine’s” Dinner at Marvel Grange.

970-588-3386 or hcrdgreer@frontier.net, for further information.

In January we met and finished making Valentines Magnets for the Palentine’s Dinner and worked on

the National Deaf poster of creating our initials with sign language. We met again at the end of February.

Cindy Greer

Pikes Peak
El Paso and Teller Counties

Florissant

Contact Renee Caldwell, 719-748-5004, florissantgrange@gmail.com, for further information.

Upcoming Events:

Every Thursday is Community Potluck and Music.

Every Tuesday the Quilters meet to make Quilts of Valor.

Gift Shop is open Wednesday, Friday, and Saturday weekly.

March 9 — Pine Needle Basket Class 9 a.m.-12 p.m.; Needle Felting Class 10 a.m.-12 p.m.; Fabric Landscape Class 11 a.m.-12 p.m.; Learn to Sew/ Paint with me Class 1 p.m.-2 p.m.

March 11 — Monthly meeting.

March 16 — Annual Easter Party and Egg Hunt 1 p.m.-2:30 p.m.

April 8 — Monthly Meeting.

April 13 — Pine Needle Basket Class 9 a.m.-12 p.m.; Needle Felting Class 10 a.m.-12 p.m.; Fabric Landscaping class 11 a.m.-12 p.m.; Learn to Sew/ Paint with me Class 1 p.m.-2 p.m.

April 20 — The Spring Art and Craft Show from 9 a.m.-3 p.m.

Craft classes are back after our little break and the classes are filled until May. Basket making, Needle felting, Painting, Sewing, and Fabric Art are classes to choose from.

The Annual Easter Party and Easter Egg Hunt is coming in March. Easter is early this year on March 31 so our annual party will be on April 16. The Easter Bunny will join us and we will hide up to 500 eggs for all the kiddos.

In April will be our Spring Art and Craft Show. We will have 15 artists, crafters, and vendors at our sale. This is always a fun day for the artists and the community as they explore all the wonderful local artists and their wares.

Renee has been asked to be a judge at the La Junta Art show the last weekend of April so we really had to work at our calendar this year to fit everything in for March and April which are the busiest months we have after Thanksgiving and

Christmas. It has gotten rather busy, but it will all be fun.

At a meeting a few months ago, we were given a list of things that need to be cleaned each month at our Grange. We all picked a chore and the cleaning began in January. I want to be sure all those that volunteered know how much we appreciate them and the time they took to clean our Grange. I don’t believe we have ever had such a clean. Thank you Doug and Marcia, Larissa, Phil and Paula, and Karen for stepping up do help with these very important chores.

We scheduled our Christmas Bazaar for December 9, but had to cancel because of the 13+ inches of snow we received overnight. What a beautiful sight to wake up to, but what a disappointing thing to have to cancel. So, Master Alan suggested that we let all the vendors set up for the whole week, since the weather looked like it would be much nicer. So we did just that, and had a great time entertaining all the shoppers who were delighted to come out and shop since they didn’t get to on Saturday the 9th. We had about nine vendors who took us up on that idea and we all had a great time.

We held our annual Christmas Party on Dec 16. Santa came to see the kiddos and we had hot cocoa, apple cider, and cookies for everyone. The kiddos talked to Santa and he had goodie bags for all of them.

The Quilt of Valor Guild awarded one Quilt of Valor to the son of one of our Grange members on the night of our Free Thanksgiving Dinner. He was completely unaware of the event and it was great fun to award him with a beautiful quilt.

The Potluck and Music nights every Thursday continue to be a successful event for our Grange. The Band has played together for more than five years and make some really fine music together. The community continues to come out and enjoy the food and the music. The winters sometimes cause the crowd to thin out with Thursday night football and bad roads, but we will continue to have the community gathering as long as they continue to enjoy the night out.

Renee Caldwell

Ute Mountain
Dolores and Montezuma Counties

Mount Lookout

Contact Carol van der Harten, 970-533-9955, 5hearts@q.com, for further information.

March 10 — Community Supper.

March 26 — Officers Meeting.

April 14 — Community Supper.

April 23 — Officers Meeting.

Mount Lookout Grange’s annual retreat was held January 13 and was attended by 15 officers and generous members offering their services and talents in order to ensure sustainability and continued development of community programs. The energy brought to the table was both inspiring and encouraging for a successful future as we look ahead. Our programs from the past year were discussed in detail, as well as strategies for implementing ideas we will consider bringing to our community in the current year. Fundraising was a big agenda item, as we need to replace our roof following last year’s ice and snow. We discussed the importance of bolstering involvement (Continued on Page 8)



Over 100 attended Mount Lookout Grange’s annual MLK Breakfast.



Volunteers serving up breakfast at Mount Lookout Grange on Martin Luther King day.



Sunflower

Contact Cherry Ellis, 303-688-1997, cherryellis5@yahoo.com, sunflowergrange.org, P.O. Box 221, Sedalia CO 80135, for further information.

Upcoming Events:

March-May — Lindsey and John Rominsky Plant Project: Growing Plants for the May 25 Grange Sale.

March 2 — Progressive Pomona Meeting in Sedalia at BMan's BBQ.

March 7 — State of the Union speech. Constitution Project.

March 9 — Soils presentation by John Murgel of CSU Douglas County Extension john.murgel@colostate.edu.

March 18 — National Grange Legislative Fly-In registration <https://form.jotform.com/230596256667165>.

March 21 — Local History Book Club at BMan's, 2 p.m. (new time), reading *Men of Sedalia*.

March 30 — Easter Egg Hunt at BMan's — Dennis Ellis.

April 13 — FarmBox tour with Chris Michlewicz chris@farmboxfoods.com.

April 18 — Earth Day.

Sunflower began 2024 with guest speaker Krista Gay who leads CSU's Master Gardener Outreach to Schools in Douglas County. Krista, a former teacher from a long line of teachers, understands how to get students involved in gardening/growing and help them succeed so they're motivated to continue.

Krista and her husband-tech guy Brad showed great photos of the 25+ unique school projects in her program. Students at one grade school grew and sold tiny veggie and flower seedlings, a good project young children can do quickly requiring little tending. At another school, outgoing first graders grew

pumpkin seedlings and gave them to kindergartners entering first grade to plant, a nice continuation from kindergarten to grade school. Parents and students at one high school raised enough money to buy a hydroponic facility, and now students sell produce to support their agriculture program and learn how to run a business and grow plants. Rural Cherry Valley Elementary has mobile garden beds on a trailer that can be moved from one farm to another during summer growing months. Each project is unique and specific to its school.

Sedalia Elementary's Sustainability Teacher Kim Rankin (2023 Grange Teacher of the Year) has Krista's Outreach program as a new resource. Kim currently has local volunteers replacing raised beds at the school, and funds for new grow-lights that will give more gardening opportunities this year.

Lindsey and John Rominsky have started planning and planting for the Grange Plant Sale on May 25. From a very well-organized seed collection to starting soil recipes and planting schedules for the Sale, John and Lindsey can show any gardener—new or experienced—how to grow something. EVERYONE is invited to grow with us.

Welcome to our first new member of 2024 — Bob Bushman! We will welcome him formally at a future meeting. Recruited by his wife, State Grange Lecturer BJ Bushman, Bob teaches computer classes at Arapahoe Community College in Littleton. He has offered to help with the website calendar for our Grange events. We are grateful for his expertise and willingness to give this website venture a try. Thank you in advance, Bob.

Congratulations to SuJeanne Foster who created a new Facebook group and community news web page <https://www.SedaliaVoices.com>. Sedalia needed an online community presence. Sedalia is designated as "unincorporated rural," with no local government resourc-



Garden Home members with coats that were collected for donation to those in need.

es. She reports: "The non-profit Sedalia Power of Community, still in its infancy, is forming a board with representation from local businesses, property owners, and Sunflower Grange. Our primary goal is to have a community center which can host public meetings, Grange activities, senior services, emergency evacuation, even pop-up sales. But we also work on more humble goals, such as road repair, trash cleanup, and traffic light repair. We also host talks by Douglas County officials." Recently, SuJeanne has been researching painting Sedalia's water tower.

Our February Grange meeting speaker was local mushroom farmer and prospective Granger, Gary Heferle. Snowy conditions led to meeting cancellation and to a new experience for us — live-streaming and a YouTube video! Gary's videos can be found on his website <https://freshfromthefarmfungi.com/>

His Grange talk on fungi farming is at <https://www.youtube.com/watch?v=WKoi6X2jlmI>. Though he's new to the Grange, he did a shortened version of the Opening of the Grange as he began his talk. The video is worth seeing just for that! Thank you, Gary.

March 2 at 11 a.m., Sunflower will host the Progressive Pomona at BMan's BBQ. We look forward to seeing the other members: Judy Harrison (Cherry Creek Grange), Jeanne Davies (Grandview Grange), Joan and Skip Hill (Castlewood Grange), and Rob Norwood (Garden Home Grange).

March 9 John Murgel of CSU's Extension Office will return for a talk on Soil, including soil testing and amending. We'll get our hands dirty and figure out how to amend the soil to grow plants here.

BJ Bushman has arranged for a Sunflower-Farm Bureau event at the Meadows Grange on March 19: "For the love of Ag, sponsored by Sunflower Grange and Douglas County Farm Bureau Young Farmers and Ranchers. This networking/social event occurs quarterly for ages 18-35 (17 if graduated or nearing graduation) for young professionals in agriculture, young ag producers, and young professional agricultural advocates. This quarter's event will be Tuesday, March 19 from 6 to 8 p.m. at the Meadows Grange with a brief program to introduce the YFR Leadership Team and Women's Leadership Chair."

The Easter Bunny will again hide eggs at BMan's BBQ, Dennis Ellis said. Who's ready to help dye dozens of eggs?

Cherry Ellis

Garden Home

March 7 — RSVP due for Birthday Party.

March 14 — Garden Home 93rd Birthday Party.

Robb Norway(long time life member) would like to invite any Grange member for a Garden Home Grange 93rd Birthday Party.

March 14, 2024, at 1120 S. Irving St., Denver, CO 80219 at 5:30 p.m. Spaghetti Dinner will be served!

Please, Please — R.S.V.P. to Robb Norway 303-935-2833 by March 7.

Our members are very adamant in our belief of helping others. We gather as a group and make 100+ bags for the homeless, including socks, water, food, lotion, hand sanitizer, tooth brushes, food, snacks, lip balm, and many more items. Each person takes a portion and delivers to the homeless.

Above is a picture of a few members with coats that were collected for donation.

Lastly we donate \$100 monthly to a variety of entities: Underground Railroad, Va Veterans, Cade's Legacy, Salvation Army, Dumb Friends League, Friends of Man, and The Mandy Project are some examples.

Our Lord has provided, therefore we shall give.

Thank You,

Reneé Hackett

nut bread, largely donated. The kitchen staff was headed by Ann Kennedy, with the help of local and Americore volunteers.

Mancos Valley Resources, a non-profit umbrella organization that provides access to other community nonprofits for grants and other services, awarded Mount Lookout Grange with Project of the Year, an honor we are proud to receive and plan to continue to live up to!

Our collaboration with Food-Share continues as we serve as the site for food distribution and cooking classes for the community in need. Our monthly community suppers, managed by Christina are wildly popular, and our building and commercial kitchen rentals program, managed by Nicole, is helping us keep the lights on. Here's to keeping what works while implementing new and creative offerings.

Carol van der Harten

2024 GREAT PLAINS REGIONAL CONFERENCE REGISTRATION FORM

July 12-14, 2024
Claremore Conference Center
Holiday Inn Express
1400 Country Club Road
Claremore, Ok 74017
918-283-4877

Room Rates \$92.00 Double or King

Name _____ Phone () _____

Member type: Subordinate Member _____ Youth (age 14-35) _____ Junior Member _____ 5 & Under age _____

Address _____

Email address (if applicable) _____

Grange State & Grange Name Number: _____

Are there any health conditions/dietary restrictions/food allergies we should be aware of?

Meals: Continental Breakfast included with stay.

Friday Evening: Build Your Own Sandwich & Get Acquainted beginning at 5:30 p.m.

Saturday Lunch & Dinner will be served.

REGISTRATION FEE:

\$50.00 ADULTS & YOUTH (14 & Older) _____

\$25.00 JUNIORS _____

5 & UNDER FREE _____

Registration forms and fees need to be to Billy Shufeldt by June 1st, 2024.

There will be a basket weaving class Saturday afternoon.

Each State is asked to prepare and present a 30-45 minute workshop of their choosing.

Event schedule TBA.

The community service project is donations of items or money to the local women's shelter SafeNet Services Inc.

Laundry Detergent and Personal Items, etc.

Please send money and Registration form to:

Billy Shufeldt (918) 842-0242
6399 NS 413 RD
S Coffeyville, Ok 74072

Ute Mountain Dolores and Montezuma Counties

(Continued from Page 7) and structure in our committees, improving our overall messaging and communication, providing additional programming, and expanding our fundraising efforts through grant writing and participation in our fundraising events. We are fortunate to have so many members willing to give of their time and expertise in pursuit of the goal of implementing our mission of community inclusiveness.

The annual Martin Luther King community breakfast, hosted as in past years, by Mount Lookout Grange, was attended by over 100 community members celebrating the life of MLK. Memorabilia on display was provided by Gloria and Roger Woody and enjoyed as participants feasted on eggs, pancakes, sausage, coffee, juice, and banana

— Save The Date —
2025 Grange Revival 4.0 — Torrey, Utah
July 22-27, 2025
Thousand Lakes RV Park, Campground and Cabins and surrounding properties
Email grangerevival@gmail.com for more information